

Era University, Lucknow
Era College of Nursing
International Nurses Day Celebrations – 2025

International Nurses Day is celebrated worldwide on **12th May** to commemorate the birth anniversary of **Florence Nightingale** and to honour the invaluable contributions of nurses to society. This year, the **International Council of Nurses** announced the theme: **“Our Nurses. Our Future. Caring for Nurses Strengthens Economies.”**

In celebration of this occasion, **Era College of Nursing** organized a two-day program on **8th and 9th May 2025**, comprising educational, community outreach, and cultural activities.

The event was graced by **Prof. Rossily Nirmal**, Principal, Sahara College of Nursing, Lucknow as the **Chief Guest**, and **Dr. (Prof.) Abbas Ali Mehdi**, Hon'ble Vice Chancellor, Era University, as the **Guest of Honour**. The program was also attended by various Deans and Heads of Departments from Era University.

Prof. (Dr.) Priscilla Samson, Principal, Era College of Nursing, inaugurated the event and formally unveiled this year's Nurses Day theme. The Chief Guest addressed the audience, emphasizing the critical role nurses play in the healthcare system and inspiring students to excel in their profession with dedication and compassion.

Community Outreach Program

On **8th May**, a **Health Camp** was conducted at **Kakarabad Village, Lucknow**, under the leadership of **Mrs. Madhu Gupta**, Associate Professor. The camp aimed to raise awareness about physical and mental health, nutrition, and women's health issues. The event was inaugurated by **Mr. Vipin**, Panchayat Sahayak, who highlighted the importance of preventive healthcare and rural health outreach.

The camp saw active participation from men, women, and children of all age groups. Key activities included:

- General health check-up and vital signs monitoring
- RBS (Random Blood Sugar) and BMI assessments
- Education on **Breast Self-Examination (BSE)** and **cervical cancer prevention**
- Awareness sessions on **Pap smear testing** and **HIV vaccination**
- Live demonstrations on **hand hygiene** and **oral care**
- Mental health screening and **stress management techniques**
- A **flash mob/Nukkad Natak** on **alcohol and drug de-addiction** performed by **ANM 2nd-year students**

Intercollegiate Competitions

As part of the celebrations, various intercollegiate competitions were also organized, including:

- **Declamation Competition** : “More training or more support. What help nurses’ stay longer in job”.
- **Poster-Making Competition** : “Nurses–the backbone of healthcare and economy”.
- **Rangoli Competition** : “A salute to nursing warriors : building a healthier tomorrow”.

Winners were recognized and awarded certificates during the **valedictory session**. The program concluded with the felicitation of judges with tokens of appreciation.

Glimpses of the Celebration

Photos capturing highlights of the event, showcasing the energy and dedication of students and faculty are placed below :-

The two-day celebration honoured the dedication and contributions of nursing faculty and students, supporting the global vision of strengthening healthcare through nursing.



Lighting of the Lamp



Principal, Senior Faculty & Chief Guest



Chief Guest Mrs. Rossily Nirmal



Winners of Declamation Competition



Winners of Rangoli Competition



Winners of Poster Competition



Rangoli Competition



Poster Competition



Health Awareness Programme in Village Kakarabad



Nukkad Natak in Village Kakarabad

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International Nurses Day is celebrated across the world on 12th May to commemorate the birth anniversary of Florence Nightingale to mark the contributions of nurses towards the society.

The International Council of Nurses has declared this year's theme as “**Our Nurses. Our Future. Caring for Nurses Strengthens Economies**”. This year Era College of Nursing planned to conduct a two days program on the occasion of nurses day on 8th and 9th May, 2025.

The Chief Guest was Prof. Rossily Nirmal, Principal, Sahara College of Nursing and the Guest of Honour was Dr (Prof.) Abbas Ali Mehdi, Vice Chancellor, Era University. HODs and Deans of various departments of Era University were also present on this occasion.

Prof. (Dr.) Priscilla Samson, Principal, Era College of Nursing unveiled the theme for the nurses day. The chief guest addressed the gathering and emphasized the importance of nurses in the healthcare system. She also motivated the students do their best in their nursing profession.

On 8th May a health camp was organized at Kakarabad village, Lucknow under the leadership of Mrs Madhu Gupta, Associate Professor. The main objective of the camp was to inform, educate and make people aware about their physical and mental health and their dietary needs. Women's health issues were also addressed during this camp. The event was inaugurated by Mr Vipin, panchayat sahayak, who emphasized the importance of preventive healthcare and rural health out reach for all community people. The camp was attended by men, women and children of various age group. Several activities such as general health assessment, vitals monitoring, RBS monitoring, BMI monitoring, was also done. Women were educated about Breast Self-Examination (BSE), cervical cancer prevention, awareness on pap smear, HIV vaccination. Live demonstrations on hand washing and oral hygiene was also done. The mental health assessment and stress management was also explained to the people. and stress management techniques were also taught to the people. A flash mob/ nukkad natak on alcohol and drug deaddiction was done by the ANM 2nd yr students.

On this occasion various intercollege competitions to include declamation competition, poster competition and rangoli competition - was also organized. The winners of various competitions were awarded with certificates during the valedictory session.

The program ended with felicitating the judges of various competitions with a small token of appreciation.