

Ref.No.EIAH/Sc&R/EU/262743 (A)

ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – MPT 2nd SEM (2025-26)
Venue – PG-1, 9th floor, Hospital Building Extension.

W.E.F – 02-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 02-02-26	Exercise Testing & Prescription [L] Intro. To Exercise Testing-I Dr. Wahida Khan	Exercise Testing & Prescription [P] Effects of exercise on human body Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] Intro to kinesiology-I Dr. Badri Vishal		Journal Club
Tuesday 03-02-26	Community Based Rehabilitation [L] Intro to community rehabilitation-I Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Intro. To Exercise Testing-II Dr. Wahida Khan	Pedagogy [L] Intro to Pedagogy Dr. Shazia Fatima	Biomechanics & Kinesiology [L] Intro to kinesiology-II Dr. Badri Vishal
Wednesday 04-02-26	Exercise Testing & Prescription [L] Interpretation Dr. Wahida Khan	Biomechanics & Kinesiology [L] Osteokinematics-I Dr. Badri Vishal	Community Based Rehabilitation [L] Intro to community rehabilitation-II Dr. Wahida Khan	N	Pedagogy [L] Teaching-Learning-I Dr. Shazia Fatima	Administration & Management [L] Intro to administration-I Dr. Tahzeeb Fatima	Self Study
Thursday 05-02-26	Administration & Management [L] Intro to administration-II Dr. Tahzeeb Fatima	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		C	Community Based Rehabilitation [L] Types of CBR Dr. Wahida Khan	Exercise Testing & Prescription [L] Testing & prescription Dr. Wahida Khan	Biomechanics & Kinesiology [L] Osteokinematics-II Dr. Badri Vishal
Friday 06-02-26	Administration & Management [L] Management of clinic-I Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] Arthokinematics-I Dr. Badri Vishal	Soft Skill Mr. Raiman Abidi	H	Pedagogy [L] Teaching-Learning-II Dr. Shazia Fatima	Community Based Rehabilitation [P] Planning of CBR programmes Dr. Wahida Khan	
Saturday 07-02-26	Administration & Management [L] Management of clinic-II Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] Principles of CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida	HALF DAY			

1. MPT 201 – Administration & Management (4) – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPP 202 – Exercise Testing & Prescription (5) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
3. MPT 203 & MPP 203 – Community Based Rehabilitation (5) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPP 204 – Biomechanics & Clinical Kinesiology (5) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (5) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Self Study
7. Clinical Posting (0)
copy to:
1. PS TO Pro Vice Chancellor
2. Office of Deputy Registrar
3. Office of Dean, Faculty of Allied Health Sciences & Research
4. Office of Asst. Dean, Faculty of Allied Health Sciences & Research
5. Academic Monitoring Committee –Incharge
6. Attendance Section, E.U
7. Concerned Dept.

Prof. (Dr.) Sumit Asthana

Head

Department of Physiotherapy

Prof. S. Riaz Mehdi

Dean

Faculty of Allied Health Sciences & R

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ERA UNIVERSITY
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – MPT 2ndSEM (2025-26)
Venue – PG-1,9th floor, Hospital Building Extension.

W.F.F – 02-03-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 02-03-26	Exercise Testing & Prescription [L] Health related physical fitness testing Dr. Wahida Khan	Exercise Testing & Prescription [P] Body Composition Assessment-I Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] GII rhythm Dr. Badri Vishal		Journal Club
Tuesday 03-03-26	HOLIDAY (HOLI)						
Wednesday 04-03-26	HOLIDAY (DHULENDI)						
Thursday 05-03-26	Administration & Management [L] Total Quality Management Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] CBR Programme Planning & Mgt. Dr. Wahida Khan	Exercise Testing & Prescription [L] Body composition assessment I Dr. Wahida Khan	C	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		Biomechanics & Kinesiology [L] Elbow complex-II Dr. Badri Vishal
Friday 06-03-26	Administration & Management [L] Basics of quality management Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] Elbow complex-II Dr. Badri Vishal	Soft Skill Mr. Kamran Akhbari	H	Pedagogy [L] Micro-teaching Dr. Shazia Fatima	Community Based Rehabilitation [P] Mgt. of CBR Dr. Wahida Khan	
Saturday 07-03-26	Administration & Management [L] Quality control Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] Dissemination & CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/ Dr. Wahida/Dr. Azra/Dr. Ahsan/ Dr. Nida		HALF DAY		

1. MPT 201 – Administration & Management (L) – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPP 201 – Exercise Testing & Prescription (S) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
3. MPT 203 & MPP 202 – Community Based Rehabilitation (S) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPP 203 – Biomechanics & Clinical Kinesiology (U) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (L) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft Skill
7. Clinical Posting (S)
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6. Attendance Section, E.U
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – MPT 2nd SEM (2025-26)
Venue – PG-1, 9th floor, Hospital Building Extension.

W.E.F – 09-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 09-02-26	Exercise Testing & Prescription [L] Fitness testing Dr. Wahida Khan	Exercise Testing & Prescription [P] Health Screening Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] Identification of joint axis Dr. Badri Vishal		Journal Club
Tuesday 10-02-26	Community Based Rehabilitation [L] Concept of CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Benefits associated with physical activity Dr. Wahida Khan	Pedagogy [L] Teaching Methodology Dr. Sharifa Fatima	Biomechanics & Kinesiology [L] Joint function of upper extremity-I Dr. Badri Vishal
Wednesday 11-02-26	Exercise Testing & Prescription [L] Health benefits of improving muscular fitness Dr. Wahida Khan	Biomechanics & Kinesiology [L] Joint function of upper extremity-II Dr. Badri Vishal	Community Based Rehabilitation [L] Need for CBR Dr. Wahida Khan	N	Pedagogy [L] Teaching Aids Dr. Sharifa Fatima	Administration & Management [L] Concept of management Dr. Tahzeeb Fatima	Self Study
Thursday 12-02-26	Administration & Management [L] Functions of management Dr. Tahzeeb Fatima	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		C	Community Based Rehabilitation [L] Objectives of CBR Dr. Wahida Khan	Exercise Testing & Prescription [L] Risks associated with physical activity Dr. Wahida Khan	Biomechanics & Kinesiology [L] Shoulder complex-I Dr. Badri Vishal
Friday 13-02-26	Administration & Management [L] Management Process-I Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] Shoulder complex-II Dr. Badri Vishal	Soft Skill Mr. Kassam Ahidi	H	Pedagogy [L] Aims & philosophy in education Dr. Sharifa Fatima	Community Based Rehabilitation [P] Role of physiotherapy in CBR Dr. Wahida Khan	
Saturday 14-02-26	Administration & Management [L] Management Process-II Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] Scope of CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida	HALF DAY			

1. MPT 201 – Administration & Management (L) – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPT 202 – Exercise Testing & Prescription (L) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
3. MPT 203 & MPT 203 – Community Based Rehabilitation (L) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPT 204 – Biomechanics & Clinical Kinesiology (L) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (L) – Dr. Sharifa Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft Skill
7. Clinical Posting (L)
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8. PG 10 Pro Vice Chancellor
9. Office of Deputy Registrar
10. Office of Dean, Faculty of Allied Health Sciences & Research
11. Office of Asst. Dean, Faculty of Allied Health Sciences & Research
12. Academic Monitoring Committee –Exchange
13. Attendance Section, E.U
14. Convener Dept.


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W.E.F – 09-03-2026

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 09-03-26		Exercise Testing & Prescription [L] Body composition assessment II Dr. Wahida Khan	Exercise Testing & Prescription [P] Health fitness evaluation Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] Elbow complex-jointly articulations of joint Dr. Badri Vishal		Journal Club
Tuesday 10-03-26		Community Based Rehabilitation [L] Role of Government in CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Components of exercise training session-I Dr. Anugama Dharvia	Podagogy [L] Writing instructions Dr. Shazia Fatima	Biomechanics & Kinesiology [L] Radio-carpal joint Dr. Badri Vishal
Wednesday 11-03-26	(HOLIDAY) MARTYRDOM DAY OF HAZRAT ALI [A.S.]							
Thursday 12-03-26		Administration & Management [L] Programme in hospitals Dr. Tahzeeb Fatima	Exercise Testing & Prescription [L] Health Screening Dr. Shahzeb Fatima	Community Based Rehabilitation [L] PWD act Dr. Wahida Khan	NC	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		Biomechanics & Kinesiology [L] Humeral radial joint Dr. Badri Vishal
Friday 13-03-26		Administration & Management [L] Medical audit-I Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] Superior & inferior radioulnar joint articulations Dr. Badri Vishal	Soft Skill Mr. Kamran Akhidi	H	Podagogy [L] Blumen's taxonomy Dr. Shazia Fatima	Community Based Rehabilitation [P] Role of Social work in CBR Dr. Wahida Khan	
Saturday 14-03-26		Administration & Management [L] Medical audit -II Dr. Tahzeeb Fatima	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		HALF DAY			

1. MPT 201 – Administration & Management (L) – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
 2. MPT 202 & MPT 203 – Exercise Testing & Prescription (S) – Dr. Wahida Khan (PT) & Dr. Shahzeb Fatima (ASSISTANT PROFESSOR)
 3. MPT 203 & MPT 205 – Community Based Rehabilitation (S) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
 4. MPT 204 & MPT 204 – Biomechanics & Clinical Kinesiology (S) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
 5. MPT 205 – Podagogy in Physiotherapy Education-II (S) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
 6. Soft Skill
 7. Clinical Posting (O)
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1. JS TO Pro Vice Chancellor
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TIME TABLE – MPT 2nd SEM (2025-26)
Venue – PG-I, 9th floor, Hospital Building Extension.

W.E.F – 16-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 16-02-26	Exercise Testing & Prescription [L] Risks of cardiac events Dr. Wahida Khan	Exercise Testing & Prescription [P] Effects of exercise on human body Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] Identification of Articulating Surfaces Dr. Badri Vishal		Journal Club
Tuesday 17-02-26	Community Based Rehabilitation [L] Difference between Institution based and CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Risks of cardiac events during cardiac rehabilitation Dr. Wahida Khan	Pedagogy [L] Philosophies of education-I Dr. Shazia Fatima	Biomechanics & Kinesiology [L] Articulating Surfaces Dr. Badri Vishal
Wednesday 18-02-26	Exercise Testing & Prescription [L] Prevention of exercise related cardiac events Dr. Wahida Khan	Biomechanics & Kinesiology [L] Motion & Stability Dr. Badri Vishal	Community Based Rehabilitation [L] Members of CBR team Dr. Wahida Khan	N	Pedagogy [L] Philosophies of education-II Dr. Shazia Fatima	Administration & Management [L] Planning Dr. Tahzeeb Fatima	Self Study
Thursday 19-02-26	Administration & Management [L] Management process-Organisation Dr. Tahzeeb Fatima	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		C	Community Based Rehabilitation [L] Models of CBR Dr. Wahida Khan	Exercise Testing & Prescription [L] Testing & prescription Dr. Wahida Khan	Biomechanics & Kinesiology [L] Stress Tolerance Dr. Badri Vishal
Friday 20-02-26	Administration & Management [L] Management process-Executive Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] Resting Position & Motions of the Scapula Dr. Badri Vishal	Soft Skill Mr. Kaunoor Ahidi	H	Pedagogy [L] Role of education (philosophy) Dr. Shazia Fatima	Community Based Rehabilitation [P] Screening for disabilities Dr. Wahida Khan	
Saturday 21-02-26	Administration & Management [L] Controlling Decision Making Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] CBR and Empowerment Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida	HALF DAY			

1. MPT 201 – Administration & Management [L] – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPP 202 – Exercise Testing & Prescription [L] – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
3. MPT 203 & MPP 203 – Community Based Rehabilitation [L] – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPP 204 – Biomechanics & Clinical Kinesiology [L] – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (L) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft Skill
7. Clinical Posting (H)
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11. Office of Asst. Dean, Faculty of Allied Health Sciences & Research
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W.E.F – 16-03-2026

Venue – PG-1, 9th floor, Hospital Building Extension.

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 16-03-26		Exercise Testing & Prescription [L] Body composition assessment [I] Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Henna/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		L	Biomechanics & Kinesiology [F] Functional Activities Relationship to the Hand Dr. Badri Vishal		Journal Club
Tuesday 17-03-26	Exercise Testing & Prescription [L] Prevention of exercise related cardiac events-I Dr. Arif Rizvi	Community Based Rehabilitation [L] Role of voluntary Organizations in CBR Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Henna/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Components of exercise training session-I Dr. Anupama Dhuria	Pedagogy [L] Writing instructional objectives Dr. Shazia Fatima	Biomechanics & Kinesiology [L] Carpal joint Dr. Badri Vishal
Wednesday 18-03-26	Exercise Testing & Prescription [L] Prevention of exercise related cardiac events-II Dr. Arif Rizvi	Exercise Testing & Prescription [L] Flexibility exercises- FTTT-I Dr. Sumit Asthana	Biomechanics & Kinesiology [L] Muscular Dr. Badri Vishal	Community Based Rehabilitation [L] Multilateral & Bilateral agencies Dr. Wahida Khan	N	Pedagogy [L] Unit planning Dr. Shazia Fatima	Administration & Management [L] Principles of hospital administration-I Dr. Tahaneh Fatima	Community Based Rehabilitation [L] WHO & UNICEF Dr. Wahida Khan
Thursday 19-03-26		Administration & Management [L] Principles of hospital administration-II Dr. Tahaneh Fatima	Exercise Testing & Prescription [L] Methods of Exercise Testing Dr. Shabneeh Fatima	Community Based Rehabilitation [L] World Bank & USAID Dr. Wahida Khan	C	OPD/Ward/Wellness Dr. Kainat/Dr. Henna/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		Biomechanics & Kinesiology [L] Functions of radiocarpal joint Dr. Badri Vishal
Friday 20-03-26	(HOLIDAY) EID-UL-FITR							
Saturday 21-03-26		Administration & Management [L] HA applications to physiotherapy-I Dr. Tahaneh Fatima	OPD/Ward/Wellness Dr. Kainat/Dr. Henna/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		HALF DAY			

1. MPT 201 – Administration & Management (I) – Dr. Tahaneh Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPT 207 – Exercise Testing & Prescription (I) – Prof. [Dr.] Sumit Asthana, Dr. Wahida Khan(PT), Dr. Arif Rizvi, Dr. Shabneeh Fatima (ASSISTANT PROFESSOR), Dr. Anupama Dhuria (Associate Professor)
3. MPT 203 & MPT 208 – Community Based Rehabilitation (I) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPT 206 – Biomechanics & Clinical Kinesiology (I) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (I) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft skill
7. Clinical Posting (R)
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – MPT 2nd SEM (2025-26)
Venue – PG-1, 9th floor, Hospital Building Extension.

W.E.F – 23-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 23-02-26	Exercise Testing & Prescription [L] Exercise pre-participation health screening-I Dr. Wahida Khan	Exercise Testing & Prescription [P] Health Fitness Evaluation Dr. Wahida Khan		L	Biomechanics & Kinesiology [P] Identification of Specific Biomechanical Dysfunctions Dr. Badri Vishal		Journal Club
Tuesday 24-02-26	Community Based Rehabilitation [L] W.H.O.'s policies about rural health Care Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [L] Exercise pre-participation health screening-II Dr. Wahida Khan	Pedagogy [L] Methods of teaching-I Dr. Shazia Fatima	Biomechanics & Kinesiology [L] Static & Dynamic Stabilization Dr. Badri Vishal
Wednesday 25-02-26	Exercise Testing & Prescription [L] Risk stratification for patients in cardiac rehabilitation Dr. Wahida Khan	Biomechanics & Kinesiology [L] Integrated Functions Dr. Badri Vishal	Community Based Rehabilitation [L] Concept of primary/tertiary health centers Dr. Wahida Khan	N	Pedagogy [L] Methods of teaching-II Dr. Shazia Fatima	Administration & Management [L] (Personnel management) Dr. Tahzeeb Fatima	Self Study
Thursday 26-02-26	Administration & Management [L] Staffing Recruitment selection Dr. Tahzeeb Fatima	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida		C	Community Based Rehabilitation [L] Role of P.T in vocational rehabilitation Dr. Wahida Khan	Exercise Testing & Prescription [L] Risk stratification for patients in medical fitness Dr. Wahida Khan	Biomechanics & Kinesiology [L] ST & GI Contributions Dr. Badri Vishal
Friday 27-02-26	Administration & Management [L] Performance appraisal Dr. Tahzeeb Fatima	Biomechanics & Kinesiology [L] SC & AC Contributions Dr. Badri Vishal	Soft Skill Mr. Kunnain Abidi	H	Pedagogy [L] Methods of teaching-III Dr. Shazia Fatima	Community Based Rehabilitation [P] Assistive Devices I Dr. Wahida Khan	
Saturday 28-02-26	Administration & Management [L] Job satisfaction Dr. Tahzeeb Fatima	Community Based Rehabilitation [L] Role of family members in the rehabilitation of a physically handicapped Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kalnat/Dr. Hema/Dr. Wahida/Dr. Azra/Dr. Ahsan/Dr. Nida	HALF DAY			

1. MPT 201 – Administration & Management (L) – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPT 202 – Exercise Testing & Prescription (L) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
3. MPT 203 & MPT 203 – Community Based Rehabilitation (L) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPT 204 – Biomechanics & Clinical Kinesiology (L) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (L) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft Skill
7. Clinical Posting (L)
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9. Office of Deputy Registrar
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11. Office of Asst. Dean, Faculty of Allied Health Sciences & Research
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Monday 24-03-26		Exercise Testing & Prescription [I] Exercise prescription for health population Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Huma/Dr. Wahida/Dr. Anza/Dr. Ahsan/Dr. Nida		L	Biomechanics & Kinesiology [P] Functional training of wrist joint Dr. Badri Vishal		Journal Club
Tuesday 24-03-26	Exercise Testing & Prescription [I] Risk stratification for patients in cardiac rehabilitation-I Dr. Arif Rizvi	Community Based Rehabilitation [I] MED CROSS Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Huma/Dr. Wahida/Dr. Anza/Dr. Ahsan/Dr. Nida		U	Exercise Testing & Prescription [I] Exercise prescription for low back pain in older adults Dr. Anupama Dharja	Pedagogy [I] Lesson planning Dr. Shazka Fatima	Biomechanics & Kinesiology [I] Function of ulnar carpal joint Dr. Badri Vishal
Wednesday 25-03-26	Exercise Testing & Prescription [I] Risk stratification for patients in cardiac rehabilitation-II Dr. Arif Rizvi	Exercise Testing & Prescription [I] Flexibility exercise- FITT-II Dr. Sumit Asthana	Biomechanics & Kinesiology [I] Function of GHJ Dr. Badri Vishal	Community Based Rehabilitation [I] Screening & Rehabilitation of Pediatric Disorders I Dr. Wahida Khan	N	Pedagogy [I] Principle of selection of teaching aids Dr. Shazka Fatima	Administration & Management [I] RA applications in physiotherapy-II Dr. Tahzeeb Fatima	Community Based Rehabilitation [I] Screening & Rehabilitation of Pediatric Disorders II Dr. Wahida Khan
Thursday 26-03-26	(HOLIDAY) Ram Navmi							
Friday 27-03-26	INTERNAL EXAMINATION							
Saturday 28-03-26	INTERNAL EXAMINATION							

1. MPT 201 – Administration & Management [I] – Dr. Tahzeeb Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPP 202 – Exercise Testing & Prescription (I) – Prof. (Dr.) Sumit Asthana, Dr. Wahida Khan (PT), Dr. Arif Rizvi, Dr. Shabeh Fatima (ASSISTANT PROFESSOR), Dr. Anupama Dharja (Associate Professor)
3. MPT 203 & MPP 203 – Community Based Rehabilitation (I) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPP 204 – Biomechanics & Clinical Kinesiology (I) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (I) – Dr. Shazka Fatima (PT) (ASSISTANT PROFESSOR)
6. Self Study
7. Clinical Posting (II)
copy to:
1. PS TO Pro Vice Chancellor
2. Office of Deputy Registrar
3. Office of Dean, Faculty of Allied Health Sciences & Research
4. Office of Acad. Deant, Faculty of Allied Health Sciences & Research
5. Academic Monitoring Committee –Incharge
6. Attendance Section, E.U
7. Concerned Dept.


Prof. (Dr.) Sumit Asthana
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ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – MPT 2ndSEM (2025-26)
Venue – PG-I, 9th floor, Hospital Building Extension.

W.E.F – 30-03-2026

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 30-03-26	INTERNAL EXAMINATION							
Tuesday 31-03-26	(HOLIDAY) MAHAVEER JAYANTI							
Wednesday 01-04-26	Exercise Testing & Prescription [P] Exercise in high altitude Dr. Arif Rishi	Exercise Testing & Prescription [P] Exercise prescription in stroke Dr. Sumit Asthana	Biomechanics & Kinesiology [L] Function of IP joints of finger Dr. Badri Vishal	Community Based Rehabilitation [L] Primary rehabilitation unit Dr. Wahida Khan	L U N C H	Pedagogy [L] Concept of evaluation Dr. Shazia Fatima	Administration & Management [L] How to be an effective administrator-I Dr. Tahareh Fatima	Self Study
Thursday 02-04-26		Administration & Management [L] How to be an effective administrator-II Dr. Tahareh Fatima	Exercise Testing & Prescription [L] Exercise in hot & cold environment Dr. Shabeeh Fatma	Community Based Rehabilitation [L] District rehabilitation center Dr. Wahida Khan		OPD/Ward/Wellness Dr. Kainat/Dr. Bema/Dr. Wahida/Dr. Azra/ Dr. Absar/Dr. Nida	Biomechanics & Kinesiology [L] Palmer arches Dr. Badri Vishal	
Friday 03-04-26		Administration & Management [L] Strategic planning under hospital administration-II Dr. Tahareh Fatima	Biomechanics & Kinesiology [L] Tendon mechanics Dr. Badri Vishal	Soft Skill Mr. KausarAbidi		Pedagogy [L] Types of evaluation Dr. Shazia Fatima	Community Based Rehabilitation [P] Primary Health center Dr. Wahida Khan	
Saturday 04-04-26		Administration & Management [L] Strategic planning under hospital administration-II Dr. Tahareh Fatima	Community Based Rehabilitation [L] Village rehabilitation worker Dr. Wahida Khan	OPD/Ward/Wellness Dr. Kainat/Dr. Bema/ Dr. Wahida/Dr. Azra/Dr. Absar/ Dr. Nida	HALF DAY			

1. MPT 201 – Administration & Management (4) – Dr. Tahareh Fatima (PT) (ASSISTANT PROFESSOR)
2. MPT 202 & MPP 202 – Exercise Testing & Prescription (5) – Prof. (Dr.) Sumit Asthana, Dr. Wahida Khan(PT), Dr. Arif Rishi, Dr. Shabeeh Fatma (ASSISTANT PROFESSOR), Dr. Anagama Durrani (Associate Professor)
3. MPT 203 & MPP 203 – Community Based Rehabilitation (5) – Dr. Wahida Khan (PT) (ASSISTANT PROFESSOR)
4. MPT 204 & MPP 204 – Biomechanics & Clinical Kinesiology (6) – Dr. Badri Vishal (PT) (ASSISTANT PROFESSOR)
5. MPT 205 – Pedagogy in Physiotherapy Education-II (3) – Dr. Shazia Fatima (PT) (ASSISTANT PROFESSOR)
6. Soft Skill
7. Clinical Posting (8)
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