

ERA UNIVERSITY

Ref.No.EIAH/Sc&R/EU/25/2165 A

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE - BPT 3rd SEM BATCH - 2024-25

W.E.F - 01-09-2025

Venue - R.N.- 529, 5th floor, University Building

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 01-09-25	BIOMECHANICS & KINESIOLOGY I (L) Humeral joint articulation DR. SHALLABH SINGH	PHARMACOLOGY (L) Anti-Cholinergic drugs Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Micro Current & Macro Current DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY I (L) Types of active movements DR. BADRI VISHAL	SDL	SKILL Shoulder muscle MMT DR. SAMRA NAAZ
Tues 02-09-25	BIOMECHANICS & KINESIOLOGY I (L) Humeral joint articulation DR. SHALLABH SINGH	MICROBIOLOGY (P) I.N. Staining + General Virology Dr. Pragathy			SKILL Primary assessment DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) Demo. treatment techniques using IRR & UVR exposure for various conditions- calculation of test dose DR. ZIA ABBAS NAQVI	
Wed 03-09-25	BIOMECHANICS & KINESIOLOGY I (L) Proximal & distal articulation DR. SHALLABH SINGH	PHARMACOLOGY (L) Adrenergic drugs Dr. SHABEER FATIMA	MICROBIOLOGY (L) Staphylococcus Ms. Vasudha		SKILL Elbow muscle MMT-II DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Free exercise Classification, principles, techniques, indications, contraindications, effects & uses DR. BADRI VISHAL	ELECTROTHERAPY I (L) NMES DR. ZIA ABBAS NAQVI
Thur 04-09-25	BIOMECHANICS & KINESIOLOGY I (P) Radial-ulnar joint function DR. SHALLABH SINGH	PHARMACOLOGY (L) Adrenergic blocking drugs Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Sinusoidal Current DR. ZIA ABBAS NAQVI		EXERCISE THERAPY I (L) Revisions DR. BADRI VISHAL	MICROBIOLOGY (L) Streptococcus Ms. Nighat	SKILL Wrist muscle MMT DR. HEMA SINGH
Fri 05-09-25	HOLIDAY (EIDE MILAD/BARAWAFAT)						
Sat 06-09-25	EXERCISE THERAPY I (P) Goniometry-I DR. BADRI VISHAL		ELECTIVES	LIBRARY			

Copy to:

1. Mrs. Asiya - Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator - E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi - MHA



Dr. Sumit Asthana
Assistant Dean & HOD

Faculty of Allied Health Sciences & R
Era University



Prof. S. Rizq Mehdi
Dean

Faculty of Allied Health Sciences & R
Era University

No. EIAH/Sc&R/EU/25/2639 A

ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -11, 9th Floor, Hospital Building

W.E.F – 03-11-2025

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 03-11-25	PHARMACOLOGY (L) Remedial Dr. SHABEER FATIMA	BIOMECHANICS & KINESIOLOGY I (L) Function of the Lumbar region II DR. SHALLABH SINGH	PHARMACOLOGY (L) Peripheral muscle relaxant II Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Fluidotherapy I DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY I (L) Indications, methodology and techniques of relaxation I DR. BADRI VISHAL	LIBRARY	SKILL Open kinematic chain DR. SAMRA NAZ
Tues 04-11-25	BIOMECHANICS & KINESIOLOGY I (L) Remedial DR. SHALLABH SINGH	BIOMECHANICS & KINESIOLOGY I (L) Structure of the Sacral region - I DR. SHALLABH SINGH	MICROBIOLOGY (P) Gram Staining & Hand washing, Isolation Dr. Neha/Dr. Rida/AIDA/ Iqra/ M. Nighat		U	SKILL glossopharyngeal breathing DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) TENS: Techniques of Application I-revision DR. ZIA ABBAS NAQVI	
Wed 05-11-25	HOLIDAY (GURUNANAK JAYANTI)							
Thur 06-11-25	EXERCISE THERAPY I (L) Remedial DR. BADRI VISHAL	BIOMECHANICS & KINESIOLOGY I (P) Structure of the Sacral region - II DR. SHALLABH SINGH	PHARMACOLOGY (L) Digitalis II Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Fluidotherapy II DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Indications, methodology and techniques of relaxation-II DR. BADRI VISHAL	MICROBIOLOGY (L) Histology DR. VASUDHA	SKILL Closed kinematic chain Ms. Zehra Dross
Fri 07-11-25	MICROBIOLOGY (L) Remedial	BIOMECHANICS & KINESIOLOGY I (P) Function of the sacral region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Diuretics II Dr. SHABEER FATIMA	EXERCISE THERAPY I (L) Principles and uses of relaxation techniques-I DR. BADRI VISHAL	H	MICROBIOLOGY (L) Streptococcus pyogenes MS. PIZA	SDL	ELECTROTHERAPY I (L) Whirl/Pool Bath-I DR. ZIA ABBAS NAQVI
Sat 01-11-25	ELECTROTHERAPY I (L) Remedial DR. ZIA ABBAS NAQVI	EXERCISE THERAPY I (P) Relaxation exercises -Revision DR. BADRI VISHAL		ELECTIVES	LIBRARY			

Copy to:

- Mrs. Asiya – Attendance Section 3rd floor, University Building
- Dean - E.I.A.H.Sc&R, E.U.
- Allied Coordinator – E.I.A.H.Sc&R, E.U.

Prof. (Dr.) Sumit Asthana

HOD - Physiotherapy

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Era University

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Ref.No.EIAH/Sc&R/EU/25/2129 ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.N.- 529, 5th floor, University Building

W.E.F – 04-08-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 04-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Resting position of scapula DR. SHALLABH SINGH	PHARMACOLOGY (L) Sources of drugs Dr. Shabeeh Fatma	ELECTROTHERAPY - I (L) Pulse Construction working & application DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY - I (L) Effects of Exercise in Various System DR. BADRI VISHAL	SKILL Dexametone DR. TANZEER FATIMA	SKILL Fracture DR. SAMRA NAZ
Tues 05-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Motions of scapula DR. SHALLABH SINGH	MICROBIOLOGY (P)		U	SKILL Vital sign monitoring-I DR. POONAM PACHAURIA	ELECTROTHERAPY - I (P) Demo. the technique for patient positioning for electrotherapy treatment DR. ZIA ABBAS NAQVI	
Wed 06-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Planes and axis of motion DR. SHALLABH SINGH	PHARMACOLOGY (L) Routes of drug administration Dr. Shabeeh Fatma	MICROBIOLOGY (L)	N	SKILL MMT of Shoulder II DR. AHSAN KAZMI	EXERCISE THERAPY - I (L) Assessment of Patient DR. BADRI VISHAL	ELECTROTHERAPY - I (L) Transmission of electrical energy through solids DR. ZIA ABBAS NAQVI
Thur 07-08-25	BIOMECHANICS & KINESIOLOGY - I (L) GII Joint structure DR. SHALLABH SINGH	PHARMACOLOGY (L) Distribution of drugs-I Dr. Shabeeh Fatma	ELECTROTHERAPY - I (L) Thermonic Valves semi-conductors DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY - I (L) Starting Positions DR. BADRI VISHAL	MICROBIOLOGY (L)	SKILL MMT of Hip II DR. HEMA SINGH
Fri 08-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Scapula motions - demo DR. SHALLABH SINGH	PHARMACOLOGY (L) Distribution of drugs-II Dr. Shabeeh Fatma	EXERCISE THERAPY - I (L) Derived Positions DR. BADRI VISHAL	H	MICROBIOLOGY (L)	SKILL	ELECTROTHERAPY - I (L) Transistor Amplifier DR. ZIA ABBAS NAQVI
Sat 09-08-25	EXERCISE THERAPY - I (P) Exercise Therapy Lab Exposure DR. BADRI VISHAL		ELECTIVE	-	-	-	-

Copy to:

1. Mrs. Ashya - Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator - E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi - MHA



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Prof. S. Riaz Mehdi
Dean

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ERA UNIVERSITY
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -11, 9th Floor, Hospital Building

W.E.F – 06-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 06-10-25	MID TERM EXAM						
Tues 07-10-25							
Wed 08-10-25							
Thur 09-10-25	BIOMECHANICS & KINESIOLOGY I (P) Wrist complex - ROM DR. SHALLABH SINGH	PHARMACOLOGY (L) Antidepressants drugs DR. SHABBEH FATIMA	ELECTROTHERAPY I (L) Calculation of different Dosages & their therapeutic effects DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY I (L) Goniometer- parts, types, principles, uses DR. BADRI VISHAL	MICROBIOLOGY (L) Leprosy-II Dr. Suanya	SKILL Isometric and isotonic exercises demo DR. HEMA SINGH
Fri 10-10-25	BIOMECHANICS & KINESIOLOGY I (P) IP Joints of the fingers DR. SHALLABH SINGH	PHARMACOLOGY (L) Antipsychotic drugs DR. SHABBEH FATIMA	EXERCISE THERAPY I (L) Techniques for measurement of ROM for all peripheral joints DR. BADRI VISHAL		MICROBIOLOGY (L) Rickettsia Dr. Vasantha	SDL	ELECTROTHERAPY I (L) Cryotherapy- Define- Cryotherapy, Principle- Latent heat of fusion DR. ZIA ABBAS NAQVI
Sat 11-10-25	EXERCISE THERAPY I (P) Limb length testing DR. BADRI VISHAL		ELECTIVES	LIBRARY			

Copy to:

1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean – E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi – MHA



Dr. Sumit Asthana
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Faculty of Allied Health Sciences & R
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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.N.- 529, 5th floor, University Building

W.E.F – 08-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 08-09-25	BIOMECHANICS & KINESIOLOGY I (L) Elbow complex – motion DR. SHALLABH SINGH	PHARMACOLOGY (L) Peripheral Muscle relaxants Dr. SHABEEH FATIMA	ELECTROTHERAPY I (L) HVPGS – Parameters & its uses DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY LAB Demo. of active assisted exercise DR. POONAM PACHAURIA	SDL	SKILL Hip muscle MMT DR. SAMRA NAAZ
Tues 09-09-25	BIOMECHANICS & KINESIOLOGY I (L) Elbow complex – stability DR. SHALLABH SINGH	MICROBIOLOGY (P) ELISA/Normal Flora Dr. Sara Khan		U	SKILL Breathing exercises DR. POONAM PACHAURIA	ELECTRO LAB Application of Galvanic current DR. SAMRA NAZ	
Wed 10-09-25	BIOMECHANICS & KINESIOLOGY I (L) Kinetics of elbow complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Digitals Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Pneumococcus Dr. Sarvodaya	N	SKILL Knee muscle MMT - II DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Techniques of AAE DR. BADRI VISHAL	ELECTROTHERAPY I (L) Electrode Placement DR. AZRA RIZVI
Thur 11-09-25	BIOMECHANICS & KINESIOLOGY I (P) Kinematics of elbow complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Diuretics-I Dr. SHABEEH FATIMA	PHARMACOLOGY (L) Diuretics-II Dr. SHABEEH FATIMA	C	EXERCISE THERAPY I (L) Indication & Contraindications of AAE DR. BADRI VISHAL	MICROBIOLOGY (L) Tuberculosis Ms. Fiza	SKILL Ankle muscle MMT DR. HEMA SINGH
Fri 12-09-25	BIOMECHANICS & KINESIOLOGY I (P) Elbow complex – Effect of age and injury DR. SHALLABH SINGH	PHARMACOLOGY (L) Vasodilators Dr. SHABEEH FATIMA	EXERCISE THERAPY I (L) Effects & uses of AAE DR. BADRI VISHAL	H	MICROBIOLOGY (L) PUO Ms. Fiza	LIBRARY	CARDIOPULMONARY SKILL-I DR. POONAM PACHAURIA
Sat 13-09-25	EXERCISE THERAPY I (P) Goniometry-II DR. BADRI VISHAL		ELECTIVES	LIBRARY			

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1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE - BPT 3rd SEM BATCH - 2024-25

Venue - UG -11, 9th Floor, Hospital Building

W.E.F - 10-11-2025

Ref.No,ELAH/Sc&R/EU/25/2639B

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 10-11-25	PHARMACOLOGY (L) Remedial Dr. SHABEEH FATIMA	BIOMECHANICS & KINESIOLOGY I (L) Function of the Sacral region-II DR. SHALLABH SINGH	ASSIGNMENT	ELECTROTHERAPY I (L) WhirlPool Bath-II DR. ZIA ABBAS NAQVI	L	PHARMACOLOGY (L) Vasodilators II Dr. SHABEEH FATIMA	LIBRARY	SKILL Stretching of Neck Muscles II DR. SAMRA NAAZ
Tues 11-11-25	BIOMECHANICS & KINESIOLOGY I (L) Remedial DR. SHALLABH SINGH	BIOMECHANICS & KINESIOLOGY I (L) Muscles of Vertebral column-II DR. SHALLABH SINGH	MICROBIOLOGY (P)		U	SKILL breathing exercises - revision DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) TENS: Techniques of Application-II DR. ZIA ABBAS NAQVI	
Wed 12-11-25	MICROBIOLOGY (L) Remedial	BIOMECHANICS & KINESIOLOGY I (L) Muscles of Vertebral column-II DR. SHALLABH SINGH	PHARMACOLOGY (L) ACE inhibitors II Dr. SHABEEH FATIMA	MICROBIOLOGY (L)	N	SKILL Stretching of Upper Limb Muscles II DR. ANSAN KAZMI	SDL	ELECTROTHERAPY I (L) EMG: Types of EMG generators- Revision DR. ZIA ABBAS NAQVI
Thur 13-11-25	EXERCISE THERAPY I (L) Remedial DR. BADRI VISHAL	BIOMECHANICS & KINESIOLOGY I (P) Effect of aging on vertebral column I DR. SHALLABH SINGH	PHARMACOLOGY (L) Beta-Blockers-II Dr. SHABEEH FATIMA	ELECTROTHERAPY I Physiological & Therapeutic effects of IRR (L)- Revision DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Suspension Therapy DR. BADRI VISHAL	MICROBIOLOGY (L)	SKILL Stretching of Lower Limb Muscles-II Ms. ZEHRU UDDOS
Fri 14-11-25	EXERCISE THERAPY I (L) Remedial DR. BADRI VISHAL	BIOMECHANICS & KINESIOLOGY I (P) Effect of aging on vertebral column II DR. SHALLABH SINGH	PHARMACOLOGY (L) Calcium Channel Blockers II Dr. SHABEEH FATIMA	EXERCISE THERAPY I (L) Therapeutic application of suspension techniques DR. BADRI VISHAL	H	MICROBIOLOGY (L)	SDL	ELECTROTHERAPY I (L) EMG: Duration & Frequency of treatment- Revision DR. ZIA ABBAS NAQVI
Sat 15-11-25	ELECTROTHERAPY I (L) DR. ZIA ABBAS NAQVI	EXERCISE THERAPY I (P) PHE- Revision DR. BADRI VISHAL		ELECTIVES	LIBRARY			

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- Dean - E.I.A.H.Sc&R, E.U.
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Prof. (Dr.) Sumit Asthana

HOD - Physiotherapy

Faculty of Allied Health Sciences & R

Era University

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE - BPT 3rd SEM BATCH - 2024-25
Venue - R.N.- 529, 5th floor, University Building

W.E.F - 11-08-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 11-08-25	BIOMECHANICS & KINESIOLOGY - I (L) GH joint motions DR. SHALLABH SINGH	PHARMACOLOGY (L) Metabolism of drugs Dr. SHABEEH FATIMA	ELECTROTHERAPY -I (L) Display devices & indicators DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY - I (L) Disability models DR. BADRI VISHAL	SKILL Goniometry of shoulder [t-I] DR. TANZEER FATIMA	SKILL Goniometry of shoulder [t-II] DR. SAMRA NAAZ
Tues 12-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Static stabilizers of shoulder joint DR. SHALLABH SINGH	MICROBIOLOGY (P) Microscope (D) Mr. Pushpendra			SKILL Goniometry of elbow [t-I] DR. POONAM PACHAURIA	ELECTROTHERAPY -I (P) Collection of materials required for treatment using electrotherapy modalities DR. ZIA ABBAS NAQVI	
Wed 13-08-25	BIOMECHANICS & KINESIOLOGY - I (L) dynamic stabilizers of shoulder joint DR. SHALLABH SINGH	PHARMACOLOGY (L) Excretion of drugs Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Morphology of Bacteria Ms. Nighat		SKILL Goniometry of shoulder [t-II] DR. AHSAN KAZMI	EXERCISE THERAPY - I (L) Passive Movements DR. BADRI VISHAL	ELECTROTHERAPY -I (L) Transformers DR. ZIA ABBAS NAQVI
Thur 14-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Integrated motion of shoulder - demo DR. SHALLABH SINGH	PHARMACOLOGY (L) Pharmacokinetics 1 Dr. SHABEEH FATIMA	ELECTROTHERAPY -I (L) Types of current DR. ZIA ABBAS NAQVI		EXERCISE THERAPY - I (L) Classification of Passive movements DR. BADRI VISHAL	MICROBIOLOGY (L) Physiology Ms. Fiza	SKILL Goniometry of wrist [t] DR. HEMA SINGH
Fri 15-08-25	HOLIDAY (INDEPENDENCE DAY)						
Sat 16-08-25	HOLIDAY (JANMASHTAMI)						

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -11, 9th Floor, Hospital Building

W.E.F – 13-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 13-10-25	BIOMECHANICS & KINESIOLOGY I (L) Mechanism of flager movements DR. SHALLABH SINGH	PHARMACOLOGY (L) Antiepileptic Drugs Dr. SHABEEH FATIMA	ELECTROTHERAPY I (L) Physiological & Therapeutic effects of Cryotherapy DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY I (L) Manual Muscle Testing: Intro. DR. BADRI VISHAL	LIBRARY	SKILL Use of the hands I/L DR. SAMRA NAAZ
Tues 14-10-25	BIOMECHANICS & KINESIOLOGY I (L) Wrist complex - pathologies DR. SHALLABH SINGH	MICROBIOLOGY (P) Hepatitis Ms. Nighat		U	SKILL Pursed lip & Segmental breathing DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) Winding up procedure after any electrotherapy treatment method-II DR. ZIA ABBAS NAQVI	
Wed 15-10-25	BIOMECHANICS & KINESIOLOGY I (L) Structure of the cervical region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Drugs Used in Treatment of Mood Disorders Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Chlamydia Dr. Vasudha	N	SKILL Use of the hands L/L DR. AHSAN RAZMI	EXERCISE THERAPY I (L) Techniques of MMT for upper limb DR. BADRI VISHAL	ELECTROTHERAPY I (L) Indications & Contraindications, Dangers of Cryotherapy DR. ZIA ABBAS NAQVI
Thur 16-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the cervical region -II DR. SHALLABH SINGH	PHARMACOLOGY (L) Pharmacodynamics-II Dr. SHABEEH FATIMA	ELECTROTHERAPY I (L) Methods of application with dosage of Cryotherapy DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Techniques of MMT for lower limb DR. BADRI VISHAL	MICROBIOLOGY (L) GIT Infection Dr. Sarvodaya	SKILL Types of stretchings DR. HEMA SINGH
Fri 17-10-25	BIOMECHANICS & KINESIOLOGY I (P) Function of the cervical region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Factors modifying drug response-II Dr. SHABEEH FATIMA	EXERCISE THERAPY I (L) Anthropometric Measurements DR. BADRI VISHAL	H	MICROBIOLOGY (L) Mycology Dr. Sana Siddique	SDL	ELECTROTHERAPY I (L) Wax Therapy: Principle of Wax Bath DR. ZIA ABBAS NAQVI
Sat 19-10-25	EXERCISE THERAPY I (P) Passive & Active Mobilization DR. BADRI VISHAL		ELECTIVES	LIBRARY			

Copy to:

1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi – MHA


Dr. Sumit Asthana
 Assistant Dean & HOD

Faculty of Allied Health Sciences & R
 Era University

Ref.No.EIAH/Sc&R/EU/25/2165 C

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.N.- 529, 5th floor, University Building

W.E.F – 15-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 15-09-25	BIOMECHANICS & KINESIOLOGY I (L) Elbow complex - pathologies DR. SHALLABH SINGH	PHARMACOLOGY (L) ACE inhibitors Dr. SHABEEH FATIMA	ELECTROTHERAPY I (L) Low frequency current dema. MR. MD ARMAN	L	EXERCISE THERAPY I (L) Assisted Resisted Exercises DR. BADRI VISHAL	LIBRARY	SKILL Cervical spine MMT DR. SAMRA NAZ
Tues 16-09-25	BIOMECHANICS & KINESIOLOGY I (L) Wrist complex - introduction DR. SHALLABH SINGH	MICROBIOLOGY (P) WIDAL Test/Polo Dr. Neha		U	SKILL Artificial respiration DR. POONAM PACHAURIA	ELECTRO LAB Application of faradic current DR. POONAM PACHAURIA	
Wed 17-09-25	BIOMECHANICS & KINESIOLOGY I (L) Radiocarpal joint structure DR. SHALLABH SINGH	PHARMACOLOGY (L) Beta Blockers-I Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Syphilis Ms. Neetu	N	SKILL Lumbar spine MMT -II DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Techniques of ARE DR. BADRI VISHAL	ELECTROTHERAPY I (L) SWD DR. SAMRA NAZ
Thur 18-09-25	BIOMECHANICS & KINESIOLOGY I (P) Midcarpal joint structure DR. SHALLABH SINGH	PHARMACOLOGY (L) Calcium Channel Blockers-I Dr. SHABEEH FATIMA	PHARMACOLOGY (L) Calcium Channel Blockers-II Dr. SHABEEH FATIMA	C	EXERCISE THERAPY I (L) Indication & Contraindications of ARE DR. BADRI VISHAL	MICROBIOLOGY (L) Diphtheria Mr. Pushpendra	SKILL Spinal MMT revision DR. HEMA SINGH
Fri 19-09-25	BIOMECHANICS & KINESIOLOGY I (P) Ligaments of the wrist complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Antiarrhythmic Drugs Dr. SHABEEH FATIMA	EXERCISE THERAPY I (L) Effects & uses of ARE DR. BADRI VISHAL	H	MICROBIOLOGY (L) Cholera Ms. Nighat	SDL	CARDIOPULMONARY SKILL-II DR. POONAM PACHAURIA
Sat 20-09-25	EXERCISE THERAPY I (P) Manual muscle testing DR. BADRI VISHAL		ELECTIVES	LIBRARY			

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- Dean - E.I.A.H.Sc&R, E.U.
- Allied Coordinator – E.I.A.H.Sc&R, E.U.
- Dr. Gulshia Rizvi – MHA



Dr. Sumit Asthana
Assistant Dean & HDD

Faculty of Allied Health Sciences & R
Era University



Prof. S. Riaz Mehdi
Dean
Faculty of Allied Health Sciences & R
Era University


ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE - BPT 3rd SEM BATCH - 2024-25
Venue - UG-II, 9th Floor, Hospital Building

W.E.F - 17-11-2025

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 17-11-25	PHARMACOLOGY (L) Remedial Dr. SHABEEN FATIMA	BIOMECHANICS & KINESIOLOGY I (L) Lumbar pelvic rhythm DR. SHALLABH SINGH	PHARMACOLOGY (L) Antiarrhythmic Drugs II Dr. SHABEEN FATIMA	ELECTROTHERAPY I (L) TENS: Define TENS, Types of TENS- Revision DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY I (L) Therapeutic application of suspension techniques II DR. BADRI VISHAL	LIBRARY	SKILL Isometric exercises DR. SAMRA NAAZ
Tues 18-11-25	BIOMECHANICS & KINESIOLOGY I (L) Remedial DR. SHALLABH SINGH	BIOMECHANICS & KINESIOLOGY I (L) IV Disc structure & function DR. SHALLABH SINGH	MICROBIOLOGY (P)		U	SKILL Lateral Costal Expansion II DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) Types of electrodes & placement of electrodes, dosage and parameter-Revision DR. ZIA ABBAS NAQVI	
Wed 19-11-25	MICROBIOLOGY (L) Remedial	BIOMECHANICS & KINESIOLOGY I (L) Integrated function-I DR. SHALLABH SINGH	PHARMACOLOGY (L) Hemostasis Lipid- Lowering agents Dr. SHABEEN FATIMA	MICROBIOLOGY (L)	N	SKILL Dynamic exercises DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Setup of Therapeutic Gymnasium I DR. BADRI VISHAL	ELECTROTHERAPY I (L) Physiological & Therapeutic effects, Indications & Contraindications- Revision DR. ZIA ABBAS NAQVI
Thur 20-11-25	EXERCISE THERAPY I (L) Remedial DR. BADRI VISHAL	BIOMECHANICS & KINESIOLOGY I (P) Integrated function-II DR. SHALLABH SINGH	PHARMACOLOGY (L) Anti-thrombotic II Dr. SHABEEN FATIMA	ELECTROTHERAPY I (L) Class test/Presentation DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Setup of Therapeutic Gymnasium II DR. BADRI VISHAL	MICROBIOLOGY (L)	SKILL Balance exercises DR. HEMA SINGH
Fri 21-11-25	PHARMACOLOGY (L) Remedial Dr. SHABEEN FATIMA	BIOMECHANICS & KINESIOLOGY I (P) Revision/Presentation DR. SHALLABH SINGH	PHARMACOLOGY (L) Anticoagulants II Dr. SHABEEN FATIMA	EXERCISE THERAPY I (L) Operational skills & uses of the equipment DR. BADRI VISHAL	H	MICROBIOLOGY (L)	SDL	ELECTROTHERAPY I (L) Class test/ Presentation DR. ZIA ABBAS NAQVI
Sat 22-11-25	ELECTROTHERAPY I (L) Remedial DR. ZIA ABBAS NAQVI	EXERCISE THERAPY I (P) limb length testing- Revision DR. BADRI VISHAL		ELECTIVES	LIBRARY			

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2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator - E.I.A.H.Sc&R, E.U.


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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.N.- 529, 5th floor, University Building

W.E.F – 18-08-2025


Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 18-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Kinetics of shoulder joint DR. SHALLABH SINGH	PHARMACOLOGY (L) Pharmacokinetics 2 Dr. SHABEER FATIMA	LIBRARY	L	EXERCISE THERAPY - I (L) Active Movements DR. BADRI VISHAL	SKILL Goniometry of hip [I-I] DR. TAHZIB FATIMA	SKILL Goniometry of hip [I-II] DR. SAMRA NAZ
Tues 19-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Kinematics of shoulder joint DR. SHALLABH SINGH	MICROBIOLOGY (P) Gram staining & nosocomial infection Dr. Saumya/Dr. Pooja		U	SKILL First aid kit & price Mgt. DR. POONAM PACHAURIA	ELECTROTHERAPY - I (P) Demo. placement of electrodes for various electrotherapy modalities DR. ZIA ABBAS NAQVI	
Wed 20-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Abnormal mechanics of shoulder DR. SHALLABH SINGH	PHARMACOLOGY (L) Pharmacodynamics 1 Dr. SHABEER FATIMA	MICROBIOLOGY (L) Immunity + Infection Dr. Saumya	N	SKILL Goniometry of foot & ankle [I-I] DR. AHSAN KAZMI	EXERCISE THERAPY - I (L) Definition of strength & power DR. BADRI VISHAL	ELECTROTHERAPY - I (L) Faradic Current DR. ZIA ABBAS NAQVI
Thur 21-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Abnormal mechanics - demo DR. SHALLABH SINGH	PHARMACOLOGY (L) Pharmacodynamics 2 Dr. SHABEER FATIMA	ELECTROTHERAPY - I (L) Physiological & Therapeutic effects of Faradic Current DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY - I (L) Endurance & muscle actions DR. BADRI VISHAL	MICROBIOLOGY (L) Antigen Mr. Pushendra	SKILL Goniometry of foot & ankle [I-II] DR. HEMA SINGH
Fri 22-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Shoulder injuries mechanics - demo DR. SHALLABH SINGH	PHARMACOLOGY (L) Factors modifying drug response 1 Dr. SHABEER FATIMA	EXERCISE THERAPY - I (L) Structure of skeletal muscle DR. BADRI VISHAL	H	MICROBIOLOGY (L) Antibody Ms. Nighat	SDL	ELECTROTHERAPY - I (L) Galvanic Current DR. ZIA ABBAS NAQVI
Sat 23-08-25	EXERCISE THERAPY - I (P) General exercises DR. BADRI VISHAL		ELECTIVES	ELECTROTHERAPY - I (L) Application, of electrodes DR. ZIA ABBAS NAQVI			

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- Dr. Gulshia Rizvi - MHA


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**ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -II, 9th Floor, Hospital Building**

W.E.F – 20-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 20-10-25	BIOMECHANICS & KINESIOLOGY I (L) Function of the cervical region - II DR. SHALLABH SINGH	PHARMACOLOGY (L) Factors modifying drug response-III Dr. SHABEEN FATIMA	ELECTROTHERAPY I (L) Methods of application of Wax DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY I (L) Static & Dynamic Power Test DR. BADRI VISHAL	LIBRARY	SKILL Revision DR. SAMRA NAAZ
Tues 21-10-25	HOLIDAY (DEEPAWALI)						
Wed 22-10-25	HOLIDAY (GOVARDHAN POOJA)						
Thur 23-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the thoracic region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Adverse effects of drugs- III Dr. SHABEEN FATIMA	ELECTROTHERAPY I (L) Wax Indications & Contraindications, Dangers DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY I (L) Endurance & Speed Test DR. BADRI VISHAL	MICROBIOLOGY (L) Revision: Zoonosis Mr. Pushpendra	SKILL Revision DR. JEMA SINGH
Fri 24-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the thoracic region - II DR. SHALLABH SINGH	PHARMACOLOGY (L) Cholinergic drugs-II Dr. SHABEEN FATIMA	EXERCISE THERAPY I (L) Test for Coordination & Sensation DR. BADRI VISHAL		MICROBIOLOGY (L) DNA & RNA Viruses Dr. Sara Khan	SDL	ELECTROTHERAPY I (L) Contract Both Methods of application DR. ZIA ABBAS NAQVI
Sat 25-10-25	EXERCISE THERAPY I (P) Stretching Exercises DR. BADRI VISHAL		ELECTIVES	LIBRARY	-	-	-

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- Allied Coordinator – E.I.A.H.Sc&R, E.U.
- Dr. Gulshia Rizvi – MHA



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**ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
REVISED TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -II, 9th Floor, Hospital Building**

W.E.F – 20-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05	
Mon 20-10-25	HOLIDAY (DEEPAWALI)							
Tues 21-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the thoracic region - I DR. SHALLABH SINGH	OPD (OBSERVATIONAL POSTING)			SKILL Revision DR. POONAM PACHAIBIA	ELECTROTHERAPY I (P) Revision DR. ZIA ABBAS NAQVI		
Wed 22-10-25	HOLIDAY (GOVARDHAN POOJA)							
Thur 23-10-25	OPD (OBSERVATIONAL POSTING)		ELECTROTHERAPY I (L) Wax Indications & Contraindications, Dangers DR. ZIA ABBAS NAQVI	LUNCH	ASSIGNMENT		MICROBIOLOGY (L) Revision: Zoonosis Mr. Pushpendra	SKILL Revision DR. HEMA SINGH
Fri 24-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the thoracic region - II DR. SHALLABH SINGH	OPD (OBSERVATIONAL POSTING)				MICROBIOLOGY (L) DNA & RNA Viruses Dr. Sara Khan	SDI	
Sat 25-10-25	EXERCISE THERAPY I (P) Stretching Exercises DR. RADRI VISHAL		ELECTIVES		LIBRARY			

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1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rivi – SMA


Prof. (Dr.) Sumit Asthana
HOD – Physiotherapy

Faculty of Allied Health Sciences & R
Era University


Prof. S. Riaz Mehdil
Dean
Faculty of Allied Health Sciences & R
Era University

18/10/25
Prof. S. Riaz Mehdil
Faculty of Allied Health Sciences & R
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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

**DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25**

W.E.F – 22-09-2025

Venue – R.N.- 529, 5th floor, University Building

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 22-09-25	BIOMECHANICS & KINESIOLOGY I (L) Function of the wrist complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Hemostasis Lipid-Lowering agents Dr. SHADEEH FATIMA	ELECTROTHERAPY I (L) IRR: Define IRR, wavelength & parameters, Types of IIR generators DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY I (L) Resisted Exercises DR. BADRI VISHAL	LIBRARY	SKILL MMT revision DR. SAMRA NAAZ
Tues 23-09-25	BIOMECHANICS & KINESIOLOGY I (L) Wrist instability DR. SHALLABH SINGH	MICROBIOLOGY (P) Culture: Plates/Zoonosis Dr. Sara Khan/Ms. Makira		U	SKILL Secondary assessment DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) TENS: Techniques of Application DR. ZIA ABBAS NAQVI	
Wed 24-09-25	BIOMECHANICS & KINESIOLOGY I (L) Muscles of the wrist complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Anti-thrombotic Dr. SHADEEH FATIMA	MICROBIOLOGY (L) E. Coli Ms. Fiza	N	SKILL Preparation of the patient for electrotherapy application DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Techniques of RE DR. BADRI VISHAL	ELECTROTHERAPY I (L) Physiological & Therapeutic effects of IRR DR. ZIA ABBAS NAQVI
Thur 25-09-25	BIOMECHANICS & KINESIOLOGY I (P) CMC joints of the fingers DR. SHALLABH SINGH	PHARMACOLOGY (L) Anticoagulants Dr. SHADEEH FATIMA	ELECTROTHERAPY I (L) Duration & frequency of treatment, Indication & Contraindication of IRR DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Indication & Contraindications of RE DR. BADRI VISHAL	MICROBIOLOGY (L) Tutanas Mr. Poshpendra	SKILL Preparation of the machine DR. HEMA SINGH
Fri 26-09-25	BIOMECHANICS & KINESIOLOGY I (P) CMC joint ROM DR. SHALLABH SINGH	PHARMACOLOGY (L) Thrombolytic Dr. SHADEEH FATIMA	EXERCISE THERAPY I (L) Effects & uses of RE DR. BADRI VISHAL	H	MICROBIOLOGY (L) UTI Ms. Neeta	SDL	ELECTROTHERAPY I (L) UVR: Define UVR, Types of UVR DR. ZIA ABBAS NAQVI
Sat 27-09-25	EXERCISE THERAPY I (P) Fundamental Positions DR. BADRI VISHAL		ELECTIVES	LIBRARY	-	-	-

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- Allied Coordinator – E.I.A.H.Sc&R, E.U.
- Dr. Gulshia Rizvi – MHA



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Assistant Dean & HOD

Faculty of Allied Health Sciences & R
Era University



Prof. S. Riaz Mehdi
Dean

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ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.No.-529, 5th floor, E.U.
LT-1

W.E.F – 25-07-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Fri 25-07-25	BIOMECHANICS & KINESIOLOGY - I (L) Components & Articulations of Shoulder Complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Intro. to Drug DR. SHABEEH FATMA	EXERCISE THERAPY - I (L) Intro. to Exercise Therapy DR. BADRI VISHAL	LUNCH	MICROBIOLOGY (L) Intro. to Microbiology DR. NIGHAT FATIMA	ELECTROTHERAPY - I (L) Intro. to Electrotherapy DR. ZIA ABBAS NAQVI	SKILL Types of exercises DR. WAHIDA KHAN
Sat 26-07-25	EXERCISE THERAPY - I (P) Intro. to Exercise Therapy Practical DR. BADRI VISHAL		ELECTIVE	LIBRARY	-	-	-

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2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi - MHA



Dr. Sumit Asthana
Assistant Dean & HOD

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Prof. (Dr.) Sumit Asthana
Assistant Dean & Head
Allied Physiotherapy
E.I.A.H.Sc&R, Era University (Lko)



Prof. S. Kiaz Mehdi
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Era University

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – R.N.- 529, 5th floor, University Building

W.E.F – 25-08-2025


Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 25-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Structure of elbow complex DR. SHALLABH SINGH	PHARMACOLOGY (L) Factors modifying drug response 2 Dr. SHABEEH FATIMA	ELECTROTHERAPY - I (L) Physiological & Therapeutic effects of Galvanic Current DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY - I (L) Chemical & mechanical events DR. RADRI VISHAL	SKILL Goniometry of cervical spine-I DR. TAHZEED FATIMA	SKILL Goniometry of cervical spine-II DR. SAMRA NAAZ
Tues 26-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Elbow complex-Articular surfaces DR. ANUPAMA DHIRGA	MICROBIOLOGY (P) Rapid card test + Antigen-Antibody reactions Dr. NEHA		U	SKILL CPR DR. SAMRA NAAZ	ELECTROTHERAPY - I (P) Electrical stimulation for the muscles supplied by the peripheral nerves DR. ZIA ABBAS NAQVI	
Wed 27-08-25	BIOMECHANICS & KINESIOLOGY - I (L) Elbow complex-Ligaments DR. ANUPAMA DHIRGA	PHARMACOLOGY (L) Adverse effects of drugs 1 Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Complement system Dr.SARVODAYA	N	SKILL Goniometry practice-I DR. AHSAN KAZMI	EXERCISE THERAPY - I (L) Causes of decreased muscle performance DR. RADRI VISHAL	ELECTROTHERAPY - I (L) Ionization/Iontophoresis- Definition & Method DR. ZIA ABBAS NAQVI
Thur 28-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Elbow complex-Muscles DR. SHALLABH SINGH	PHARMACOLOGY (L) Adverse effects of drugs 2 Dr. SHABEEH FATIMA	ELECTROTHERAPY - I (L) Techniques of Application of Iontophoresis DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY - I (L) Physiologic adaptation to training: Strength DR. RADRI VISHAL	MICROBIOLOGY (L) Hyperemitivity Ms. NEETU	SKILL Goniometry practice-II DR. HEMA SINGH
Fri 29-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Elbow complex-Escosa & plain down DR. SHALLABH SINGH	PHARMACOLOGY (L) Cholinergic drugs Dr. SHABEEH FATIMA	EXERCISE THERAPY - I (L) Physiologic adaptation Power & Endurance DR. RADRI VISHAL	H	MICROBIOLOGY (L) Vaccine Mr. PUSHPENDRA	SDL	ELECTROTHERAPY - I (L) Indications, Selection of Current, commonly used ions (Drugs) DR. ZIA ABBAS NAQVI
Sat 30-08-25	EXERCISE THERAPY - I (P) Range of motion DR. RADRI VISHAL		ELECTIVES	LIBRARY			

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3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
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ERA UNIVERSITY
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue – UG -II, 9th Floor, Hospital Building

W.E.F – 27-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 27-10-25	BIOMECHANICS & KINESIOLOGY I (L) Function of the thoracic region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Anti-Cholinergic drugs-II Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Therapeutic uses, Indications & Contraindications of PWB DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY I (L) Limb Length Measurement DR. BADRI VISHAL	LIBRARY	SKILL Stretching of Neck Muscles DR. SAMRA NAAZ
Tues 28-10-25	BIOMECHANICS & KINESIOLOGY I (L) Function of the thoracic region - II DR. SHALLABH SINGH	MICROBIOLOGY (P) HIV Dr. Neha		U	SKILL Lateral Costal Expansion DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) TENS: Techniques of Application-II DR. ZIA ABBAS NAQVI	
Wed 29-10-25	BIOMECHANICS & KINESIOLOGY I (L) Structure of the lumbar region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Anti-Cholinergic drugs-II Dr. SHABEER FATIMA	MICROBIOLOGY (L) GIT Parasites Dr. Sorvodaya	N	SKILL Stretching of Upper Limb Muscles DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Stretching DR. BADRI VISHAL	ELECTROTHERAPY I (L) Moist Heat Therapy: Hydrocollator packs-I DR. ZIA ABBAS NAQVI
Thur 30-10-25	BIOMECHANICS & KINESIOLOGY I (P) Structure of the lumbar region - II DR. SHALLABH SINGH	PHARMACOLOGY (L) Adrenergic drugs-II Dr. SHABEER FATIMA	ELECTROTHERAPY I (L) Moist Heat Therapy: Hydrocollator packs-II DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY I (L) Determinants, types & effects of stretching DR. BADRI VISHAL	MICROBIOLOGY (L) Malaria Dr. Sarah Hassan	SKILL Stretching of Lower Limb Muscles DR. HEMA SINGH
Fri 31-10-25	BIOMECHANICS & KINESIOLOGY I (P) Function of the lumbar region - I DR. SHALLABH SINGH	PHARMACOLOGY (L) Adrenergic blocking drugs-II Dr. SHABEER FATIMA	EXERCISE THERAPY I (L) Relaxation Techniques DR. BADRI VISHAL	H	MICROBIOLOGY (L) Filaria Ms. Neetu	SDL	ELECTROTHERAPY I (L) Cryotherapy DR. ZIA ABBAS NAQVI
Sat 01-11-25	EXERCISE THERAPY I (P) PRE DR. BADRI VISHAL		ELECTIVES	LIBRARY			

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ERA UNIVERSITY**ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH****DEPARTMENT OF PHYSIOTHERAPY****TIME TABLE – BPT 3rd SEM BATCH – 2024-25****Venue – R.N.- UG-2, 9th floor, New Colonizer Building****W.E.F – 28-07-2025**

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 28-07-25	SKILL Cardiorespiratory Skill DR. POONAM PACHAURIA	PHARMACOLOGY (L) Nomenclature of Drug Dr. Shaheeh Fatma	ELECTROTHERAPY - I (L) Current Electricity DR. ZIA ABBAS NAQVI	L	EXERCISE THERAPY - I (L) Mechanical Principle Applied in Human Body DR. BADRI VISHAL	SKILL Goniometer DR. TANZEEB FATIMA	SKILL MMT DR. SAMRA NAZ
Tues 29-07-25	BIOMECHANICS & KINESIOLOGY - I (L) Motion of SC Jt. DR. SHALLABH SINGH	MICROBIOLOGY (P)		U	ELECTROTHERAPY - I (P) Intro. to Electrotherapy Equipments DR. ZIA ABBAS NAQVI		SKILL Vital sign monitoring DR. POONAM PACHAURIA
Wed 30-07-25	BIOMECHANICS & KINESIOLOGY - I (L) Muscles & Ligaments of SC Jt. DR. SHALLABH SINGH	ELECTROTHERAPY - I (L) Magnetism DR. ZIA ABBAS NAQVI	MICROBIOLOGY (L)	N	SKILL Starting positions DR. AHSAN KAZMI	EXERCISE THERAPY - I (L) Equilibrium, Axis & Plane DR. BADRI VISHAL	PHARMACOLOGY (L) Classification of Drug-I Dr. Shaheeh Fatma
Thur 31-07-25	BIOMECHANICS & KINESIOLOGY - I (L) Structure of AC Jt. DR. SHALLABH SINGH	PHARMACOLOGY (L) Classification of Drug-II Dr. Shaheeh Fatma	ELECTROTHERAPY - I (L) Conductors DR. ZIA ABBAS NAQVI	C	EXERCISE THERAPY - I (L) Lever & Pulley DR. BADRI VISHAL	MICROBIOLOGY (L)	SKILL MMT DR. HEMA SINGH
Fri 01-08-25	BIOMECHANICS & KINESIOLOGY - I (P) Muscles of AC Jt. DR. SHALLABH SINGH	LIBRARY	EXERCISE THERAPY - I (L) Exercise Physiology DR. BADRI VISHAL	H	MICROBIOLOGY (L)	ELECTROTHERAPY - I (L) Ohm's Law & Its Application DR. ZIA ABBAS NAQVI	SKILL Anatomical movement DR. WAHIDA KHAN
Sat 02-08-25	EXERCISE THERAPY - I (P) Measurement of Vital DR. BADRI VISHAL		ELECTIVE	-	-	-	-

Copy to:

1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi - MHA



Dr. Sumit Asthana
Assistant Dean & HOD

Faculty of Allied Health Sciences & R
Era University



Prof. S. Riaz Mehdi
Dean

Faculty of Allied Health Sciences & R
Era University

Ref.No.EIAH/Sc&R/EU/25/2203 B

ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 3rd SEM BATCH – 2024-25
Venue –UG -2, 9th floor, Hospital buiding Building

W.E.F – 29-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 29-09-25	BIOMECHANICS & KINESIOLOGY I (L) Palmar arches DR. SHALLABH SINGH	PHARMACOLOGY (L) Nitrates Dr. SHABEEH FATIMA	ELECTROTHERAPY I (L) UVR Generators DR. ZIA ABBAS NAQVI	LUNCH	EXERCISE THERAPY I (L) Isometric exercise & Dynamic exercise DR. BADRI VISHAL	LIBRARY	SKILL Progressive resisted exercises demo DR. SAMRA NAZ
Tues 30-09-25	BIOMECHANICS & KINESIOLOGY I (L) MCP joints of the fingers DR. SHALLABH SINGH	MICROBIOLOGY (P) AST Testing/Rabies Dr. Sara Khan/Ms. Iqra			SKILL Deep breathing- Diaphragmatic breathing DR. POONAM PACHAURIA	ELECTROTHERAPY I (P) Winding up procedure after any electrotherapy treatment method DR. ZIA ABBAS NAQVI	
Wed 01-10-25	BIOMECHANICS & KINESIOLOGY I (L) Volar plates DR. SHALLABH SINGH	PHARMACOLOGY (L) Beta-Blockers-I Dr. SHABEEH FATIMA	MICROBIOLOGY (L) Meningitis Ms. Nighat		SKILL Preparation of the modality & precautions DR. AHSAN KAZMI	EXERCISE THERAPY I (L) Open-Chain & Closed-Chain exercise DR. BADRI VISHAL	ELECTROTHERAPY I (L) Physiological & Therapeutic effects of UVR DR. ZIA ABBAS NAQVI
Thur 02-10-25	HOLIDAY (GANDHI JAYANTI/DUSSEHRA)						
Fri 03-10-25	MID TERM EXAM						
Sat 04-10-25							

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