


DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE - BPT 2nd SEM (2025-26)
 Venue - UG-1, 9th floor, Hospital Building Extension.

W.E.F - 26-01-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 26-01-26	REPUBLIC DAY						
Tuesday 27-01-26	BASIC BIOMECHANICS (L) Force Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Page setting in MS word Mohd. Reza	HUMAN ANATOMY III(L) Muscles of front of thigh: origin, insertion, nerve supply and action Dr. Chaahat Jaiswal	L	BASICS OF EXERCISE THERAPY & YOGA (L) Equilibrium Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) pancreas Dr. Badri Vishal	SOFT SKILL Mr. Kusum Akshay
Wednesday 28-01-26	BASIC BIOMECHANICS (L) Force vector Dr. Shalabh Kumar Singh	HUMAN ANATOMY III(L) Muscles of medial thigh: origin, insertion, nerve supply and action Dr. Chaahat Jaiswal	BASICS OF EXERCISE THERAPY & YOGA (P) Meditation - intro Ms. Anjali Mishra Venue - physiotherapy dept. College building	U	SKILL Surface anatomy of spine Dr. Wahida Khan	COMPUTER INFORMATICS (L) Formatting in MS word Mohd. Reza	HUMAN PHYSIOLOGY II (L) Gall bladder Dr. Badri Vishal
Thursday 29-01-26	BASIC BIOMECHANICS (P) Shear & friction forces Dr. Shalabh Kumar Singh	HUMAN PHYSIOLOGY II (P) Spirometry & artificial respiration estimation of haemoglobin Dr. Badri Vishal Venue - dept. of physiology, college building		N	HUMAN ANATOMY II (L) Muscle attachment of Ulna Dr. Chaahat Jaiswal	HUMAN ANATOMY II (L) Muscles of back of thigh: origin, insertion, nerve supply and action Dr. Chaahat Jaiswal	
Friday 30-01-26	BASIC BIOMECHANICS (P) Force system Dr. Shalabh Kumar Singh	HAPPINESS Dr. Farha Bano	HUMAN PHYSIOLOGY II (L) Liver function Dr. Badri Vishal	CH	BASICS OF EXERCISE THERAPY & YOGA (L) Meditation & types Ms. Anjali Mishra	SELF STUDY	HUMAN ANATOMY III(L) Muscles of glenoid region: origin, insertion, nerve supply and action Dr. Chaahat Jaiswal
Saturday 31-01-26	HUMAN ANATOMY II (P) Cathartic experiment of muscles & nerve supply of thigh Dr. Chaahat Jaiswal/Dr. Husna/Dr. Muskan/Dr. Diksha/Dr. Sahiba Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (L) - Dr. CHAAHAT JAISWAL (Assistant Professor)
2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (L) - Dr. BADRI VISHAL (Assistant Professor)
3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (L) - Dr. TAHZEEB FATIMA (Assistant Professor)
4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (L) - Dr. SHALABH KUMAR SINGH (Associate Professor)
5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (L) - MOHD. REZA (Tutor)
6. SOFT SKILL (L) - Mr. Kusum Akshay
7. HAPPINESS (L) - Dr. FARHA BANO (Assistant Professor)
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Prof. (Dr.) Sumit Asthana
 Head
 Department of
 Physiotherapy



Prof. S. Riaz Mehdi
 Dean
 Faculty of Allied Health
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ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
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W.E.F – 02-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 02-02-26	BASIC BIOMECHANICS (L) Equilibrium Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) Planks & ASD Dr. Tahereh Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Motion Dr. Tahereh Fatima	L	SELF STUDY	COMPUTER INFORMATICS (L) Spell-checking in MS word Mohd. Reza	HUMAN PHYSIOLOGY II (L) Introduction & function of kidney Dr. Radri Vishal
Tuesday 03-02-26	BASIC BIOMECHANICS (L) COM Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Printing the document in MS word Mohd. Reza	HUMAN ANATOMY II (L) Muscles of anterior compartment of leg- origin, insertion, nerve supply & action Dr. Chahat Jaiswal	U	BASICS OF EXERCISE THERAPY & YOGA (L) Anatomical movements - I Dr. Tahereh Fatima	HUMAN PHYSIOLOGY II (L) renal blood flow & glomerular filtration Dr. Radri Vishal	SOFT CELL Mr. Humaid Akhdi
Wednesday 04-02-26	BASIC BIOMECHANICS (L) LDC Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Stress mgmt through yoga deep Ms. Anjali Mishra Venue - physiology dept. (college building)	HUMAN ANATOMY II (L) Muscles of posterior compartment of leg- origin, insertion, nerve supply & action Dr. Chahat Jaiswal	N	SKILL Surface anatomy of L/L - II Dr. Waqida Khan	COMPUTER INFORMATICS (L) Creating & editing of tables Mohd. Reza	HUMAN PHYSIOLOGY II (L) Tubular reabsorption Dr. Radri Vishal
Thursday 05-02-26	SKILL Surface anatomy of H/L - II Prof. (Dr.) Sumit Asthana	HUMAN PHYSIOLOGY II (P) General nerve examination Dr. Radri Vishal		C	HUMAN ANATOMY II (L) Muscles of lateral compartment of leg- origin, insertion, nerve supply & action Dr. Chahat Jaiswal	COMPUTER INFORMATICS (P) Focus of creating and editing in MS word Mohd. Reza Venue - computer lab, 3 rd floor, university building.	
Friday 06-02-26	BASIC BIOMECHANICS (P) Devn of LDC & COM Dr. Shalabh Kumar Singh		HUMAN PHYSIOLOGY II (L) Micturition & renal function test Dr. Radri Vishal	H	BASICS OF EXERCISE THERAPY & YOGA (L) Stress mgmt through yoga - I Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Muscles of sole of foot Dr. Chahat Jaiswal
Saturday 07-02-26	HUMAN ANATOMY II (P) Cadaveric experiment of muscles & nerve supply of anterior compartment Dr. Chahat Jaiswal/Dr. Huma/Dr. Nomicca/Dr. Divika/Dr. Rabika Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano		-		

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (S) - Dr. CHAHAT JAISWAL (Assistant Professor)
 2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (S) - Dr. RADRI VISHAL (Assistant Professor)
 3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (L) - Dr. TAHAREEH FATIMA (Assistant Professor)
 4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (L) - Dr. SHALABH KUMAR SINGH (Associate Professor)
 5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (L) - MOHD. REZA (Tutor)
 6. SOFT SKILL (L) - Mr. Humaid Akhdi
 7. HAPPINESS (L) - Dr. FARHA BANO (Associate Professor)
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DEPARTMENT OF PHYSIOTHERAPY
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W.E.F - 02-03-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 03-03-26	BASICS OF EXERCISE THERAPY & YOGA (I) Recreation club Dr. Zahoor Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Equilibrium and non equilibrium Dr. Zahoor Fatima	BASIC BIOMECHANICS (I) Joint design Dr. Shafiqul Khatun Singh	LUNCH	SELF STUDY	COMPUTER INFORMATICS (I) Creating graphs-1 Mukul Bera	HUMAN PHYSIOLOGY II (I) Function of oestrogen Dr. Rishi Vishal
Tuesday 09-03-26	HOLIDAY (HOLI & DHULENDI)						
Wednesday 04-03-26	HOLIDAY (HOLI & DHULENDI)						
Thursday 05-03-26	SKILL Continuity of life (part-1) Prof. (Dr.) Naveen Anshu	HUMAN PHYSIOLOGY II (P) WDC Exam Dr. Rishi Vishal Venue: physiology lab, college building	LUNCH	HUMAN ANATOMY II (I) Pectoral girdle Dr. Chaitan Jainwal	COMPUTER INFORMATICS (P) Demo of creating graphs Mukul Bera Venue - computer lab 3 rd floor, library building		
Friday 06-03-26	BASIC BIOMECHANICS (P) Types of joints in human body Dr. Shafiqul Khatun Singh	HUMAN PHYSIOLOGY II (L) Function of respiratory Dr. Rishi Vishal	LUNCH	BASICS OF EXERCISE THERAPY & YOGA (I) Suryashtambha-1 -Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Diaphragm of lung Dr. Chaitan Jainwal	
Saturday 07-03-26	HUMAN ANATOMY II (P) Muscle attachments of heart Dr. Chaitan Jainwal Venue - skill lab, 1 st floor, hospital building extension	HAPPINESS Dr. Farha Bano	-				

1. BPT 201 & BPT 201 - HUMAN ANATOMY - II (I) - Dr. CHAUNVIJ /JESWAL (Assistant Professor)
2. BPT 202 & BPT 202 - HUMAN PHYSIOLOGY - II (I) - Dr. RASHI VISHAL (Assistant Professor)
3. BPT 203 & BPT 203 - BASICS OF EXERCISE THERAPY & YOGA (I) - Dr. ZAHUR FATIMA (Assistant Professor)
4. BPT 204 & BPT 204 - BASIC BIOMECHANICS (I) - Dr. SHAFIQUL KHATUN SINGH (Assistant Professor)
5. BPT 205 & BPT 205 - COMPUTER INFORMATICS (I) - MADHU, DEZA (Tutor)
6. SKILL SKILL (I) - Ms. Naveen Anshu
7. HAPPINESS (I) - Dr. FARHA BANO (Associate Professor)
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Monday 09-02-26	BASIC BIOMECHANICS (L) Lecure - I Dr. Shalish Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) Anatomical movements Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Anatomical movements -II Dr. Tahzeeb Fatima	L	SELF STUDY	COMPUTER INFORMATICS (L) Mail merge -I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Physiology of respiration Dr. Badri Vishal
Tuesday 10-02-26	BASIC BIOMECHANICS (L) Lecure - II Dr. Shalish Kumar Singh	COMPUTER INFORMATICS (L) Mail merge -II Mohd. Reza	HUMAN ANATOMY II(L) Joints of inferior extremity: hip joint Dr. Chahat Jaiswal	U	BASICS OF EXERCISE THERAPY & YOGA (L) Range of motion Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) Renal circulation Dr. Badri Vishal	SOFT SKILL Mr. Karam Ahild
Wednesday 11-02-26	BASIC BIOMECHANICS (L) Prcting Dr. Shalish Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Concept of body in yoga -I Ms. Anjali Mishra Venue – physiology dept, college building	HUMAN ANATOMY II(L) Knee joint Dr. Chahat Jaiswal	N	SKILL Geonmetry of shoulder -I Dr. Wahida Khan	COMPUTER INFORMATICS (L) EGGEL -I/III Mohd. Reza	HUMAN PHYSIOLOGY II (L) Plethora clearance test Dr. Badri Vishal
Thursday 12-02-26	SKILL Geonmetry of shoulder -II Prof. (Dr.) Sumit Asthana	HUMAN PHYSIOLOGY II (P) Splanchnety & arterial respiration Dr. Badri Vishal Venue: physiology lab, college building		C	HUMAN ANATOMY II (L) Ankle joint Dr. Chahat Jaiswal	COMPUTER INFORMATICS (P) Demo of mail merge Mohd. Reza Venue - computer lab, 3 rd floor, university building	
Friday 13-02-26	BASIC BIOMECHANICS (P) Identification of levers in human body Dr. Shalish Kumar Singh		HUMAN PHYSIOLOGY II (L) Neurogenic bladder Dr. Badri Vishal	H	BASICS OF EXERCISE THERAPY & YOGA (L) Concept of body in yoga -II Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Joints of foot Dr. Chahat Jaiswal
Saturday 14-02-26	HUMAN ANATOMY II (P) Cadaveric experiments of muscles & nerve supply of posterior and lateral compartment of leg Dr. Chahat Jaiswal/Dr. Monika/Dr. Divya/Dr. Rubina Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (L) – Dr. CHAHAT JAISWAL (Assistant Professor)
2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (L) – Dr. BADRI VISHAL (Assistant Professor)
3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (L) - Dr. TAHZEEB FATIMA (Assistant Professor)
4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (L) – Dr. SHALISH KUMAR SINGH (Associate Professor)
5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (L) – MOHD. REZA (Tutor)
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W.E.F – 09-03-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 09-03-26	BASICS OF EXERCISE THERAPY & YOGA (L) Types of muscle work - I Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Therapeutic exercises - I Dr. Tahzeeb Fatima	BASIC BIOMECHANICS (L) General properties of connective tissue Dr. Shalabh Kumar Singh	LUNCH	SELF STUDY	COMPUTER INFORMATICS (L) Creating graphs - II Mohd. Reza	HUMAN PHYSIOLOGY II (L) Faculty: Dr. Sadri Vishal
Tuesday 10-03-26	BASIC BIOMECHANICS (L) Properties of specific tissue Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Creating graphs - III Mohd. Reza	HUMAN ANATOMY II (L) Abduction of hip Dr. Chaudhri Jaiswal	LUNCH	BASICS OF EXERCISE THERAPY & YOGA (L) Types of muscle work - I Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) Massage Dr. Sadri Vishal	SOFT SKILL Mr. Kunal Shrivastava
Wednesday 11-03-26	HOLIDAY (MARTYRDOM DAY OF HAZRAT ALI (A.S))						
Thursday 12-03-26	INTERNAL EXAMINATION						
Friday 13-03-26							
Saturday 14-03-26							
Sunday 15-03-26							

1.	BPT 201 & BPP 201 - HUMAN ANATOMY - II (S) - Dr. CHAUNAT JAIWAL (Assistant Professor)
2.	BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (S) - Dr. SADRISH VISHAL (Assistant Professor)
3.	BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (S) - Dr. TAHZEEB FATIMA (Assistant Professor)
4.	BPT 204 & BPP 204 - BASIC BIOMECHANICS (S) - Dr. SHALABH KUMAR SINGH (Associate Professor)
5.	BPT 205 & BPP 205 - COMPUTER INFORMATICS (S) - MOHD. REZA (Faculty)
6.	SOFT SKILL (S) - Mr. Kunal Shrivastava
7.	HAPPINESS (S) - Dr. FARHA BANO (Associate Professor)
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TIME TABLE - BPT 2nd SEM (2025-26)
Venue - UG-1, 9th floor, Hospital Building Extension.

W.E.F - 16-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 16-02-26	BASIC BIOMECHANICS (L) Electrolyte - I Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) Normal ROM of all peripheral jt. - I Dr. Tahaseeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Normal ROM of all peripheral jt. - Demo Dr. Tahaseeb Fatima	L	SELF STUDY	COMPUTER INFORMATICS (L) Basic worksheet - I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Autonomic Nerves Dr. Badri Vishal
Tuesday 17-02-26	BASIC BIOMECHANICS (L) Electrolyte - II Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Excel worksheet - II Mohd. Reza	HUMAN ANATOMY II (L) Arches of foot & its significance Dr. Chahat Jainwal	U	BASICS OF EXERCISE THERAPY & YOGA (L) Normal ROM of all peripheral jt. - II Dr. Tahaseeb Fatima	HUMAN PHYSIOLOGY II (L) Applied physiology of neurogenic and autonomic Nerves Dr. Badri Vishal	SOFT SKILL Mr. Kamal Ahlodi
Wednesday 18-02-26	BASIC BIOMECHANICS (L) Stress and strain Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Concept of health & disease in yoga - I Ms. Anjali Mishra Venue - physiology dept. college building	HUMAN ANATOMY II (L) Osteology cranial vertebrae Dr. Chahat Jainwal	N	SKILL Goniometry of elbow - I Dr. Wajida Khatt	COMPUTER INFORMATICS (L) Exceling information in excel sheet - I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Physiology of every an(1) tissue - I Dr. Badri Vishal
Thursday 19-02-26	SKILL Goniometry of elbow - II Prof. (Dr.) Sumit Asthana	HUMAN PHYSIOLOGY II (P) Estimation of hemoglobin Dr. Badri Vishal Venue: physiology lab, college building		C	HUMAN ANATOMY II (L) Thoracic vertebrae Dr. Chahat Jainwal	COMPUTER INFORMATICS (P) Exceling information in excel sheet - II Mohd. Reza Venue - computer lab, 3 rd floor, university building	
Friday 20-02-26	BASIC BIOMECHANICS (P) Identification of role of pulley in human body Dr. Shalabh Kumar Singh	HUMAN PHYSIOLOGY II (L) Physiology of ovary and testes - II Dr. Badri Vishal		H	BASICS OF EXERCISE THERAPY & YOGA (L) Concept of health & disease in yoga - II Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Lumbar vertebrae Dr. Chahat Jainwal
Saturday 21-02-26	HUMAN ANATOMY II (P) Outline the anatomical features of cervical & thoracic vertebrae Dr. Chahat Jainwal/Dr. Harma/Dr. Harima/Dr. Diksha/Dr. Rabha Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (3) - Dr. CHAHAT JAINWAL (Assistant Professor)
 2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (2) - Dr. BADRI VISHAL (Assistant Professor)
 3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (4) - Dr. TAHASEEB FATIMA (Assistant Professor)
 4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (4) - Dr. SHALABH KUMAR SINGH (Associate Professor)
 5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (4) - MOHD. REZA (Tutor)
 6. SOFT SKILL (1) - Mr. Kamal Ahlodi
 7. HAPPINESS (2) - Dr. FARHA BANO (Associate Professor)
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Monday 16-03-25	INTERNAL EXAMINATION						
Tuesday 17-03-26							
Wednesday 18-03-26	BASIC BIOMECHANICS (I) Joint function Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Instructor-in-charge Ms. Anjali Mishra Venue – physiology dept. college building	HUMAN ANATOMY II (L) Anatomy of hip Dr. Chashat Jaiswal	LUNCH	SELF STUDY	COMPUTER INFORMATICS (L) Power point - Intern Mohd. Reza	HUMAN PHYSIOLOGY II (L) Physiological changes during pregnancy-4 Dr. Rashid Vohral
Thursday 19-03-26	SKILL Goniometry of hip joint-II Prof. (Dr.) Sumit Asthana	HUMAN PHYSIOLOGY II (P) OAC, SSC, PCV, blood industry-I Dr. Rashid Vohral Venue: physiology lab, college building	LUNCH	HUMAN ANATOMY II (L) Medial & lateral rotators of hip Dr. Chashat Jaiswal	COMPUTER INFORMATICS (P) Demo of excel Mohd. Reza Venue – computer lab, 2 nd floor, university building		
Friday 20-03-26	HOLIDAY (Eid-UI-Fitr)						
Saturday 21-03-26	HUMAN ANATOMY II (P) Outline the anatomical features and able demonstration of ilio- Dr. Chashat Jaiswal Venue – skill lab, 9 th floor, hospital building extension	HAPPINESS Dr. Farha Bano	-				

1. BPT 205 & BPT 201 – HUMAN ANATOMY – I (L) – Dr. CHASHAT JAISWAL (Assistant Professor)
 2. BPT 202 & BPT 202 – HUMAN PHYSIOLOGY – I (P) – Dr. SADIQ VISHAM (Assistant Professor)
 3. BPT 203 & BPT 203 – BASICS OF EXERCISE THERAPY & YOGA (P) – Dr. TANZEEM FATIMA (Assistant Professor)
 4. BPT 204 & BPT 204 – BASIC BIOMECHANICS (I) – Dr. SHALABH KUMAR SINGH (Associate Professor)
 5. BPT 205 & BPT 205 – COMPUTER INFORMATICS (I) – MOHID REZA (Lecturer)
 6. SOFT SKILL (I) – Mr. Sayesh Abidi
 7. HAPPINESS (I) – Dr. FARHA BANO (Associate Professor)
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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 2nd SEM (2025-26)
Venue – UG-1, 9th floor, Hospital Building Extension.

W.E.F – 23-02-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 23-02-26	BASIC BIOMECHANICS (L) Hooke's law Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) Range of motion work & muscle action Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Normal ROM of all peripheral J.II Joints Dr. Tahzeeb Fatima	L	SELF STUDY	COMPUTER INFORMATICS (L) Saving & Formatting in excel-I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Physiology of menstrual cycle-I Dr. Radri Vishal
Tuesday 24-02-26	BASIC BIOMECHANICS (L) Spring & its properties Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Saving & Formatting in excel-II Mohd. Reza	HUMAN ANATOMY II (L) Sacral vertebrae Dr. Chachal Jainwal	U	BASICS OF EXERCISE THERAPY & YOGA (L) Levers Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) Physiology of menstrual cycle-II Dr. Radri Vishal	SOFT SKILL Mr. Kunal Ahli
Wednesday 25-02-26	BASIC BIOMECHANICS (L) Spring in series & parallel Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Concept of health & disease in yoga-III Ms. Anjali Mishra Venue - physiology dept. college building	HUMAN ANATOMY II (L) Concept of menbranes Dr. Chachal Jainwal	N	SKILL Continuity of verte-I Dr. Wahida Khan	COMPUTER INFORMATICS (L) Printing worksheet Mohd. Reza	HUMAN PHYSIOLOGY II (L) Spermatogenesis Dr. Radri Vishal
Thursday 26-02-26	SKILL Continuity of verte-II Prof. (Dr.) Sumit Asthana	HUMAN PHYSIOLOGY II (P) ECG Dr. Radri Vishal Venue: physiology lab, college building		C	HUMAN ANATOMY II (L) Soft tissue-are & para vertebral ms. Dr. Chachal Jainwal	COMPUTER INFORMATICS (P) Printing, Formatting & printing worksheet in excel Mohd. Reza Venue - computer lab, 3 rd floor, university building	
Friday 27-02-26	BASIC BIOMECHANICS (P) Spring Dr. Shalabh Kumar Singh		HUMAN PHYSIOLOGY II (L) Function of progesterone Dr. Radri Vishal	H	BASICS OF EXERCISE THERAPY & YOGA (L) Concept of health & disease in yoga-IV Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Anterior abdominal ms. Dr. Chachal Jainwal
Saturday 28-02-26	HUMAN ANATOMY II (P) Outline the anatomical features of lumbar, sacral & coccygeal vertebrae Dr. Chachal Jainwal/Dr. Huma/Dr. Monica/Dr. Diksha/Dr. Kahlia Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & 3PP 201 - HUMAN ANATOMY - II (L) – Dr. CHACHAL JAINWAL (Assistant Professor)
 2. BPT 202 & 3PP 202 - HUMAN PHYSIOLOGY – II (L) – Dr. RADRI VISHAL (Assistant Professor)
 3. BPT 203 & 3PP 203 - BASICS OF EXERCISE THERAPY & YOGA (L) – Dr. TAHZEEB FATIMA (Assistant Professor)
 4. BPT 204 & 3PP 204 - BASIC BIOMECHANICS (L) – Dr. SHALABH KUMAR SINGH (Associate Professor)
 5. BPT 205 & 3PP 205 - COMPUTER INFORMATICS (L) – MOHD. REZA (Lect)
 6. SOFT SKILL (L) – Mr. Kunal Ahli
 7. HAPPINESS (L) – Dr. FARHA BANO (Associate Professor)
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Prof. (Dr.) Sumit Asthana
 Head
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 Physiotherapy


Prof. S. Riaz Mehdi
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TIME TABLE – BPT 2nd SEM (2025-26)
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W.E.F – 25-03-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 13-03-26	BASICS OF EXERCISE THERAPY & YOGA (I) Revision Dr. Tahereh Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Therapeutic exercises demo - I Dr. Tahereh Fatima	BASIC BIOMECHANICS (I) Joint motion Dr. Shalabh Kumar Singh	LUNCH	SELF STUDY	COMPUTER INFORMATICS (L) Creating power point Mehdi Reza	HUMAN PHYSIOLOGY II (I) Physiological changes during pregnancy -II Dr. Badri Vishal
Tuesday 24-03-26	BASIC BIOMECHANICS (I) General changes with disease & injury -I Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Power point - manipulating presentation Mehdi Reza	HUMAN ANATOMY II (I) Fascial layer Dr. Chahat Jainwal	LUNCH	BASICS OF EXERCISE THERAPY & YOGA (II) Introduction to therapeutic exercises Dr. Tahereh Fatima	HUMAN PHYSIOLOGY II (I) Physiological changes during pregnancy -II Dr. Badri Vishal	SOFT SKILL Mr. Kamran Akhbar
Wednesday 25-03-26	BASIC BIOMECHANICS (I) General changes with disease & injury -II Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Pratyaasan -I Ms. Anjali Mishra Venue - physiology dept. College building	HUMAN ANATOMY II (II) Skeletal system Dr. Chahat Jainwal	LUNCH	SELF STUDY/MENTOR-MENTEE SESSION	COMPUTER INFORMATICS (L) Power point for making Mehdi Reza	HUMAN PHYSIOLOGY II (I) Endocrine system -intro Dr. Badri Vishal
Thursday 26-03-26	HOLIDAY (RAM NAVMI)						
Friday 27-03-26	BASIC BIOMECHANICS (P) General changes with disease & injury -III Dr. Shalabh Kumar Singh		HUMAN PHYSIOLOGY II (II) Major endocrine glands Dr. Badri Vishal	LUNCH	BASICS OF EXERCISE THERAPY & YOGA (I) Preventive definitions & types Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (II) Muscles of arm of hand - I Dr. Chahat Jainwal
Saturday 28-03-26	HUMAN ANATOMY II (P) Muscle attachments of arm Dr. Chahat Jainwal Venue - Anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

- BPT 201 & BPP 201 - HUMAN ANATOMY - II (I) - Dr. CHAMMAT JAINWAL (Assistant Professor)
 - BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (I) - Dr. BADRI VISHAL (Assistant Professor)
 - BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (I) - Dr. TAHIREH FATIMA (Assistant Professor)
 - BPT 204 & BPP 204 - BASIC BIOMECHANICS (I) - Dr. SHALABH KUMAR SINGH (Associate Professor)
 - BPT 205 & BPP 205 - COMPUTER INFORMATICS (I) - MEHDI REZA (Tutor)
 - SOFT SKILL (I) - Mr. Kamran Akhbar
 - HAPPINESS (I) - Dr. FARHA BANO (Associate Professor)
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 - Academic Monitoring Committee - Incharge
 - Attendance Section, E.U.
 - Concerned Batch in-charge
 - Concerned Dept.


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W.E.F – 26-03-2026

Days	10-11	11-11	12-01	01-02	02-03	03-04	04-05
Monday 26-03-25	BASICS OF EXERCISE THERAPY & YOGA (L) Types of therapeutic exercises Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Therapeutic exercises demo - II Dr. Tahzeeb Fatima	BASIC BIOMECHANICS (L) Elements of muscle structure Dr. Shalabh Kumar Singh	LUNCH	SELF STUDY	COMPUTER INFORMATICS (L) Enhancing text to power point Mohd. Reza	HUMAN PHYSIOLOGY II (L) Homework Dr. Rashmi Vishal
Tuesday 31-03-25	HOLIDAY (MAHAVIR JAYANTI)						
Wednesday 01-04-25	BASIC BIOMECHANICS (L) Muscle structure Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (P) Pranayama - II Ms. Anjali Mishra Venue - physiology dept. College building	HUMAN ANATOMY II (L) Muscles of arm of hum. - II Dr. Chhabhat Jaiswal	LUNCH	SELF STUDY / MEET OR MENTOR SESSION	COMPUTER INFORMATICS (L) Slide preparation in power point Mohd. Reza	HUMAN PHYSIOLOGY II (L) Homework classification Dr. Rashmi Vishal
Thursday 02-04-25	SKILL Consistency of knee joint - I 1966 (DV), Sumit Asthana	HUMAN PHYSIOLOGY II (P) DIL, EMG, P.V. blood indices - I Dr. Rashmi Vishal Venue - physiology lab, college building		LUNCH	HUMAN ANATOMY II (L) Classification of bones Dr. Chhabhat Jaiswal	COMPUTER INFORMATICS (P) Power point - creation Mohd. Reza Venue - computer lab, 5 th floor, university building	
Friday 03-04-25	BASIC BIOMECHANICS (P) Muscle function and structure Dr. Shalabh Kumar Singh		HUMAN PHYSIOLOGY II (P) Histology - introduction of organ Dr. Rashmi Vishal	LUNCH	BASICS OF EXERCISE THERAPY & YOGA (L) Shakti yoga types -Ms. Anjali Mishra	HAPPINESS Dr. Farha Bano	HUMAN ANATOMY II (L) Clinical anatomy of hip joint Dr. Chhabhat Jaiswal
Saturday 04-04-25	HUMAN ANATOMY II (P) DISSECTION - Outline the anatomical features of femur & tibia along with their muscle attachments Dr. Chhabhat Jaiswal, Dr. Haroon, Dr. Monica, Dr. Ishika, Dr. Rakhi Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (L) - Dr. CHABHAT JAISWAL (Assistant Professor)
 2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (L) - Dr. RASHMI VISHAL (Assistant Professor)
 3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (L) - Dr. TAHZEEB FATIMA (Assistant Professor)
 4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (L) - Dr. SHALABH KUMAR SINGH (Associate Professor)
 5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (L) - MOHD. REZA (Trainee)
 6. SKILL (L) - Ms. Anjali Mishra
 7. HAPPINESS (L) - Dr. FARHA BANO (Associate Professor)
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W.E.F – 12-01-2026

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 12-01-26	BASIC BIOMECHANICS (L) Introduction of biomechanics Dr. Shallabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) Intro to exercise therapy Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) Principles of exercise therapy - I Dr. Tahzeeb Fatima	L	SKGL Flexors & extensors of hip joints Dr. Wahida Khan	COMPUTER INFORMATICS (L) Intro to computer Mohd. Reza	HUMAN PHYSIOLOGY II (L) Digestive system - I Dr. Badri Vishal
Tuesday 13-01-26	BASIC BIOMECHANICS (L) Kinetics & kinematics Dr. Shallabh Kumar Singh	COMPUTER INFORMATICS (L) I/O devices Mohd. Reza	HUMAN ANATOMY II(L) Anatomical features of pelvis - I Dr. Chaahat Jaiswal	U	BASICS OF EXERCISE THERAPY & YOGA (L) Principles of exercise therapy - II Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) Physiological anatomy of alimentary canal Dr. Badri Vishal	SOFT SKILL
Wednesday 14-01-26	BASIC BIOMECHANICS (L) Anatomical planes Dr. Shallabh Kumar Singh	HUMAN ANATOMY II(L) Anatomical features of pelvis - II Dr. Chaahat Jaiswal	BASICS OF EXERCISE THERAPY & YOGA (P) Intro to yoga Ms. Anjali Mishra	N	SKILL Surface Anatomy Prof. (Dr.) Sumit Asthana	COMPUTER INFORMATICS (L) Operating system - I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Nerve supply of alimentary canal Dr. Badri Vishal
Thursday 15-01-26	BASIC BIOMECHANICS (P) Action lines & moment arm Dr. Shallabh Kumar Singh	HUMAN PHYSIOLOGY II (P) Physiological anatomy & nerve supply of alimentary canal Dr. Badri Vishal		C	HUMAN ANATOMY II (L) Attachments of pelvis - I Dr. Chaahat Jaiswal	COMPUTER INFORMATICS (P) Operating system - II Mohd. Reza	
Friday 16-01-26	BASIC BIOMECHANICS (P) Muscle force vector Dr. Shallabh Kumar Singh	HAPPINESS Dr. Farha	HUMAN PHYSIOLOGY II (L) Gastric motility - I Dr. Badri Vishal	H	BASICS OF EXERCISE THERAPY & YOGA (L) History of yoga - I Ms. Anjali Mishra	SOL	HUMAN ANATOMY II(L) Attachments of pelvis -II Dr. Chaahat Jaiswal
Saturday 17-01-26	HUMAN ANATOMY II (P) Anatomical features of pelvis- demo		HAPPINESS Dr. Farha				

- BPT 201 & BPP 201 - HUMAN ANATOMY – II (5) – Dr. CHAAHAT JAISWAL (Assistant Professor)
 - BPT 202 & BPP 202 - HUMAN PHYSIOLOGY – II (5) – Dr. BADRI VISHAL (Assistant Professor)
 - BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (4) – Dr. TAHZEEB FATIMA (Assistant Professor)
 - BPT 204 & BPP 204 - BASIC BIOMECHANICS (4) – Dr. SHALLABH KUMAR SINGH (Associate Professor)
 - BPT 205 & BPP 205 - COMPUTER INFORMATICS (4) – MOHD. REZA (Tutor)
 - SOFT SKILL (1) – Faculty from Soft Skill
 - HAPPINESS (2) – Dr. FARHA (Assistant Professor)
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Prof. (Dr.) Sumit Asthana
 Head
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Prof. S. Riaz Mehdi
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Sumit Asthana
30/12/25

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W.E.F – 19-01-2026


Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Monday 19-01-26	BASIC BIOMECHANICS (L) Motion Dr. Shalabh Kumar Singh	BASICS OF EXERCISE THERAPY & YOGA (L) BOS & LOG Dr. Tahzeeb Fatima	BASICS OF EXERCISE THERAPY & YOGA (P) BOS & LOG -demon Dr. Tahzeeb Fatima	L	SKILL Surface anatomy of L/L Prof. (Dr.) Sumit Asthana	COMPUTER INFORMATICS (L) Components of MS word - I Mohd. Reza	HUMAN PHYSIOLOGY II (L) Composition of gastric juices Dr. Badri Vishal
Tuesday 20-01-26	BASIC BIOMECHANICS (L) Types of motion Dr. Shalabh Kumar Singh	COMPUTER INFORMATICS (L) Components of MS word - II Mohd. Reza	HUMAN ANATOMY (H) Outline the anatomical features and side determination of the femur Dr. Chaahat Jaiswal	U	BASICS OF EXERCISE THERAPY & YOGA (L) BOS Dr. Tahzeeb Fatima	HUMAN PHYSIOLOGY II (L) secretory function of gastric juices Dr. Badri Vishal	SOFT SKILL Mr. Kuman Abhai
Wednesday 21-01-26	BASIC BIOMECHANICS (L) Planes & axis of motion Dr. Shalabh Kumar Singh	HUMAN ANATOMY (H) Outline the anatomical features and side determination of the tibia Dr. Chaahat Jaiswal	BASICS OF EXERCISE THERAPY & YOGA (P) Types of yoga - I Ms. Anjali Mishra Venue - physiology dept. College building	N	SKILL Surface anatomy of L/L Dr. Wahida Khan	COMPUTER INFORMATICS (L) Editing in documents Mohd. Reza	HUMAN PHYSIOLOGY II (L) HCL secretion - I Dr. Badri Vishal
Thursday 22-01-26	BASIC BIOMECHANICS (P) Location of displacement Dr. Shalabh Kumar Singh	HUMAN PHYSIOLOGY II (P) Examination of reflexes & cranial nerve examination Dr. Badri Vishal Venue - dept. of physiology college building		C	HUMAN ANATOMY II (L) Muscle attachment of tibia Dr. Chaahat Jaiswal	COMPUTER INFORMATICS (P) Creating, opening & inserting files in MS word Mohd. Reza Venue - computer lab, 3 rd floor, university building	
Friday 23-01-26	BASIC BIOMECHANICS (P) Direction & magnitude of displacement Dr. Shalabh Kumar Singh	HAPPINESS Dr. Farha Bano	HUMAN PHYSIOLOGY II (L) HCL secretion - II Dr. Badri Vishal	H	BASICS OF EXERCISE THERAPY & YOGA (L) Types of Yoga - II Ms. Anjali Mishra	SELF STUDY	HUMAN ANATOMY (H) Outline the anatomical features and side determination of the fibula Dr. Chaahat Jaiswal
Saturday 24-01-26	HUMAN ANATOMY II (P) Outline the anatomical features and side determination of tibia & fibula Dr. Chaahat Jaiswal/Dr. Huma/Dr. Musica/Dr. Dilshaha/Dr. Raliba Venue - anatomy lab, ground floor, college building		HAPPINESS Dr. Farha Bano	-			

1. BPT 201 & BPP 201 - HUMAN ANATOMY - II (L) - Dr. CHAAHAT JAISWAL (Assistant Professor)
2. BPT 202 & BPP 202 - HUMAN PHYSIOLOGY - II (L) - Dr. BADRI VISHAL (Assistant Professor)
3. BPT 203 & BPP 203 - BASICS OF EXERCISE THERAPY & YOGA (H) - Dr. TAHZEEB FATIMA (Assistant Professor)
4. BPT 204 & BPP 204 - BASIC BIOMECHANICS (H) - Dr. SHALABH KUMAR SINGH (Associate Professor)
5. BPT 205 & BPP 205 - COMPUTER INFORMATICS (H) - MOHD. REZA (Tutor)
6. SOFT SKILL (L) - faculty from Soft Skill
7. HAPPINESS (2) - Dr. FARHA BANO (Assistant Professor)

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