

Ref.No.EIAH/Sc&R/EU/25/2204 A

ERA UNIVERSITY
ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 1st SEM (REVISED) BATCH – 2025-26
Venue – R.N – UG -1, 9TH Floor, Hospital Building

W.E.F – 06-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 06-10-25	MID TERM EXAM						
Tues 07-10-25							
Wed 08-10-25							
Thur 09-10-25	BIOCHEMISTRY (L) Vitamins: Definition, Classification & Properties DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) Determination of blood groups, bleeding time & clotting time Dr. Nandita/Dr. Annu Anshika/Dr. Hemlata		LUNCH	LIBRARY	HEALTH PSYCHOLOGY (L) Thinking-I Mr. ISHU PARBIAR	SKILL revision Dr. AZRA REZVI
Fri 10-10-25	HUMAN ANATOMY I (L) Brachial Plexus-II DR. CHAARAT JASWAL	HEALTH PSYCHOLOGY (L) Thinking-II Mr. ISHU PARBIAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Photocytivation of biological system DR. SRALLABH SINGH		HUMAN ANATOMY I (L) Revision DR. CHAARAT JASWAL	SKILL revision Dr. SAMRA NAJZ	BIOCHEMISTRY (L) Vitamin A Source, RDA, Functions, deficiency manifestation, toxicity DR. NAYAB ISHRAAT
Sat 11-10-25	HUMAN ANATOMY I (P) Cadaveric Practical of Brachial Plexus & Scapular Muscles Dr. Hema/Dr. Moala/Dr. Diksha/Dr. Rabiba		GYAN MANTHAN/MENTOR - MENTEE MEETING				

Copy to:

1. Mrs. Asiya – Attendance Section 3rd floor, University Building
2. Dean - E.I.A.H.Sc&R, E.U.
3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
4. Dr. Gulshia Rizvi - MHA



Dr. Sumit Asthana
 Assistant Dean & HOD
 Faculty of Allied Health Sciences & R
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Prof. S. Riaz Mehdi
 Dean
 Faculty of Allied Health Sciences & R
 Era University

Ref No. E.I.A.H.Sc&R/EU/25/26186

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 1st SEM (REVISED) BATCH – 2025-26
Venue – UG -1, 9th Floor, Hospital Building

W.E.F – 27-10-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 27-10-25	HUMAN ANATOMY I (L) Applied Anatomy of Bones DR. CHAARAT JAISWAL	SKILL Master of L/S Dr. Anupama Dhuria	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Acute & chronic effect of sunlight DR. SHALABH SINGH	L	HUMAN PHYSIOLOGY I (L) Concepts of Gases Dr. Sudhanshu Venue – LT-64, 4 th floor	LIBRARY	SOCIOLOGY (L) Social Problems of Disabled Dr. SAURABH TIWARI
Tue 28-10-25	BIOCHEMISTRY (L) Definition of Proteins & peptide bond DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Types of speeches DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photosensitivity DR. SHALABH SINGH	U	HUMAN PHYSIOLOGY I (L) Regulation of respiration, Factors affecting respiration Dr. Swati Gupta Venue – LT-64, 4 th floor	SDL	HEALTH PSYCHOLOGY (L) Attitude-II Mr. ISHU PARBHAR
Wed 29-10-25	HEALTH PSYCHOLOGY (L) Attitude-I Mr. ISHU PARBHAR	SOCIOLOGY (L) Society Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photosensitivity DR. SHALABH SINGH	N	SOFT SKILL Ms. INGEELA KAZMI	ENGLISH COMMUNICATION (L) Presentation Skills DR. MIRZA AQEEL ABBAS	HUMAN ANATOMY I (L) Cartilage DR. CHAARAT JAISWAL
Thur 30-10-25	BIOCHEMISTRY (L) Biomedical importance of proteins DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) Estimation of U/R & PCV Dr. S.T. Baza/Dr. Nidhi/Dr. Sudhanshu		C	SKILL Types of II Dr. AZRA RIZVI	HEALTH PSYCHOLOGY (L) Attitude-III Mr. ISHU PARBHAR	HUMAN ANATOMY I (L) Types of II DR. CHAARAT JAISWAL
Fri 31-10-25	SOCIOLOGY (L) Population Explosion Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Attitude-IV Mr. ISHU PARBHAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Photoallergy DR. SHALABH SINGH	H	HUMAN ANATOMY I (L) Classification of Muscles DR. CHAARAT JAISWAL	SKILL Types of Muscles Dr. SIMRA NAZ	BIOCHEMISTRY (L) Metabolism: Formation & Fate of Ammonia DR. NAYAB ISHRAAT
Sat 01-11-25	HUMAN ANATOMY I (P) Muscles of Arm & Forearm on Cadaver Dr. Humna/Dr. Mounia/Dr. Dilshia/Dr. Rubha		BIOCHEMISTRY (L) Classification of proteins DR. NAYAB ISHRAAT	MENTOR-MENTEE MEETING			

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Prof. (Dr.) Sumit Asthana

HOD - Physiotherapy
Faculty of Allied Health Sciences & R
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Venue – R.N.- LT 1, 5th Floor, E.U

W.E.F – 01-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 01-09-25	HUMAN ANATOMY I (L) Radius muscle attachment Dr. CHAHHAT JAISWAL	SKILL Revision Dr. Anupama Dharua	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Cardiopulmonary physiotherapy - I Dr. SHALLABH SINGH	LUNCH	HUMAN PHYSIOLOGY I (L) RBC, WBC, formation & function Dr. MARIJA RAZA Venue – LT-C4, 4 th floor	HEALTH PSYCHOLOGY (L) Sensation, attention, perception-I Mr. ISHU PARIBAR	SOCIOLOGY (L) Primary, Secondary & Antisogatory socialization Dr. SAURABH TIWARI
Tues 02-09-25	BIOCHEMISTRY (L) UNIT-2 TCA Cycle Energetics & Significance Dr. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Communication in a Hospital environment Dr. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Cardiopulmonary physiotherapy - II Dr. SHALLABH SINGH		HUMAN ANATOMY I (L) Ulnar muscle attachment Dr. CHAHHAT JAISWAL	SOCIOLOGY (L) Agencies of socialization Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Sensation, attention, perception-II Mr. ISHU PARIBAR
Wed 03-09-25	BIOCHEMISTRY (L) Diabetes Mellitus: Its diagnosis & tests Dr. NAYAB ISHRAAT	SOCIOLOGY (L) Social Groups Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Health fitness physiotherapy - I Dr. SHALLABH SINGH		SOFT SKILL Ms. INGEEJA KAZMI	ENGLISH COMMUNICATION (L) Basics of the English Language Dr. MIRZA AQEEL ABBAS	HUMAN ANATOMY I (L) Carpal bones Dr. CHAHHAT JAISWAL
Thur 04-09-25	BIOCHEMISTRY (L) Wood glucose Homeostasis Dr. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) Recording of Blood Pressure Dr. S.T. Khan/Dr. Nabhi/Dr. Saldanhu			HUMAN PHYSIOLOGY I (L) Class test-IV Dr. MARIJA RAZA	HEALTH PSYCHOLOGY (L) Sensation, attention, perception-III Mr. ISHU PARIBAR	SKILL Achile muscles Dr. AZRA RIZVI
Fri 05-09-25	HOLIDAY (EID-E-MILAD/BARAWAFAT)						
Sat 06-09-25	HUMAN ANATOMY I (P) Radius & Ulna - Side determination & features Dr. Huma/Dr. Monia/Dr. Diksha/Dr. Rabiba		CYAN MANTHAN/LIBRARY				

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM (INCLUDING REMEDIAL) BATCH – 2025-26
Venue – UG -1, 9th Floor, Hospital Building

W.E.F – 03-11-2025

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 03-11-25	HUMAN PHYSIOLOGY I (L) Remedial DR. CHAARAT JASWAL	HUMAN ANATOMY I (L) Classification of muscles DR. CHAARAT JASWAL	SKILL Revision Dr. Anupama Dharis	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Beneficial effect of sun and artificial light DR. SHALABH SINGH	LUNCH	HUMAN PHYSIOLOGY I (L) Hyponia, hypercapnoea, hypocapnoea, Artificial respiration, Dyspnoea, orthopnoea, apnoea Dr. Hemlata Rathore Venue - LT-C4, 4 th floor	SOFT SKILL Ms. INGELA KAZMI	SOCIOLOGY (L) Juvenile delinquency Dr. SAURABH TIWARI
Tues 04-11-25	HUMAN ANATOMY I (L) Remedial DR. CHAARAT JASWAL	BIOCHEMISTRY (L) Urea cycle and its significance DR. NAYAN DIBRAT	ENGLISH COMMUNICATION (L) Reading strategies DR. NERZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photoprotection - I DR. SHALABH SINGH		HUMAN PHYSIOLOGY I (L) Respiratory changes during exercise Dr. Sodhanshu Venue - LT-C4, 4 th floor	SDL	HEALTH PSYCHOLOGY (L) Clinical psychology - I Mr. ISHU PARDIAR
Wed 05-11-25	HOLIDAY (GURU NANAK JAYANTI)							
Thur 06-11-25	BIOCHEMISTRY (L) Remedial DR. NAYAN DIBRAT	BIOCHEMISTRY (L) Class test DR. NAYAN DIBRAT	HUMAN PHYSIOLOGY I (P) Reflexes & cranial nerve examination Dr. S.T. Rana/Dr. Zaha/Dr. Sodhanshu		LUNCH	SKILL Cranial nerves Dr. AZRA REZVI	HEALTH PSYCHOLOGY (L) Clinical psychology - II Mr. ISHU PARDIAR	HUMAN ANATOMY I (L) Muscles & it's characteristics lectures DR. CHAARAT JASWAL
Fri 07-11-25	SOCIOLOGY (L) Remedial Dr. SAURABH TIWARI	SOCIOLOGY (L) Prostitution Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Clinical psychology - III Mr. ISHU PARDIAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Photoprotection - II DR. SHALABH SINGH		HUMAN ANATOMY I (L) Cartilage & it's function DR. CHAARAT JASWAL	ASSIGNMENT	SKILL Bony landmarks of U/L Dr. SAMBA NAJAZ
Sat 08-11-25	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Remedial DR. SHALABH SINGH	HUMAN ANATOMY I (P) Soft organs - stomach & liver Dr. Huma/Dr. Monia/Dr. Dilokha/Dr. Rubika		BIOCHEMISTRY (L) Definition and classification of enzymes DR. NAYAN DIBRAT	MENTOR-MENTEE MEETING			

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TIME TABLE – BPT 1st SEM BATCH – 2025-26
 Venue – R.N.- LT 1, 5th Floor, E.U

W.E.F – 05-08-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Tues 03-08-25	BIOMECHANISTRY (L) Introduction of cell, definition and characteristics DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PT (L) Introduction to physiotherapy DR. SHALLABH SINGH	U	HUMAN ANATOMY – I (L) Introduction & parts of upper limb DR. CHAANAT JAISWAL	SOCIOLOGY (L) Introduction Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Introduction Mr. ISHU PARIHAR
Wed 04-08-25	BIOMECHANISTRY (L) Eukaryotic and prokaryotic cell DR. NAYAB ISHRAAT	SOCIOLOGY (L) Meaning & definition of sociology Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PT (L) scope of physiotherapy DR. SHALLABH SINGH	N	LIBRARY	SDL	ENGLISH COMMUNICATION (L) DR. MIRZA AQEEL ABBAS
Thurs 07-08-25	BIOMECHANISTRY (L) Cell membrane – structure & function DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY - I (P)		C	HUMAN PHYSIOLOGY – I (L) Cell, cell membrane & its organelle Dr. MARIA RAZA	HEALTH PSYCHOLOGY (L) Psychology – schools of thought Mr. ISHU PARIHAR	SKILL Bones of upper limb and lower limb Dr. AZRA RIZVI
Fri 08-08-25	HUMAN ANATOMY – I (L) Clavicle – morphology DR. CHAANAT JAISWAL	HEALTH PSYCHOLOGY (L) methods Mr. ISHU PARIHAR	BIOPHYSICS & INTRODUCTION TO PT (L) History of physiotherapy DR. SHALLABH SINGH	H	HUMAN PHYSIOLOGY – I (L) Transport across cell membrane Dr. MARIA RAZA	SKILL Medical terminology Dr. SAMRA NAAZ	
Sat 09-08-25	HUMAN ANATOMY – I (P)		GYAN MANTHAN/LIBRARY				

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DEPARTMENT OF PHYSIOTHERAPY

REVISED TIME TABLE – BPT 1st SEM BATCH – 2025-26

W.E.F – 08-09-2025

Venue – R.N.- LT 1, 5th Floor, E.U

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 08-09-25	"WORLD PHYSIOTHERAPY DAY"						
Tues 09-09-25	BIOCHEMISTRY (L) UNIT-2 -Lipid Definition & Classification DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Parts of Speech DR. NORZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Diabetic clinic - I DR. ANUPAMA DHURIA	LUNCH	HUMAN ANATOMY I (L) Trapezius – Origin/Insertion, N.S. Action DR. CHAARAT JAISWAL	SOCIOLOGY (L) Types of Groups DR. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Motivation-II DR. ISHU FARHAN
Wed 10-09-25	BIOCHEMISTRY (L) General Function & Importance of Lipids DR. NAYAB ISHRAAT	SOCIOLOGY (L) Primary vs Secondary Group in hospital DR. SAURABH TIWARI	LIBRARY	LUNCH	SHORT SKILL MR. INGELA KAJMI	ENGLISH COMMUNICATION (L) Tenses DR. NORZA AQEEL ABBAS	HUMAN ANATOMY I (L) Latissimus Dorsi – Origin/Insertion, N.S. Action DR. CHAARAT JAISWAL
Thur 11-09-25	BIOCHEMISTRY (L) Essential Fatty acids and its function DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) ECG Dr. S.T. Raaz/Dr. Zoha/Dr. Sudhanshu		LUNCH	HUMAN PHYSIOLOGY I (L) Handlets, formation & function Fasciitis, purpura, Hemophilia & anticoagulant DR. MARIA RAZA	HEALTH PSYCHOLOGY (L) Motivation-III DR. ISHU FARHAN	SKILL Movts. Of upper limb DR. AZRA REZVI
Fri 12-09-25	HUMAN ANATOMY I (L) Scapular Muscles DR. CHAARAT JAISWAL	HEALTH PSYCHOLOGY (L) Motivation-IV DR. ISHU FARHAN	SDL	LUNCH	HUMAN PHYSIOLOGY I (L) Class test-V DR. MARIA RAZA	SKILL Movts. Of lower limb DR. SAMRA NAZ	BIOCHEMISTRY (L) Lipoproteins & its types (I) DR. NAYAB ISHRAAT
Sat 13-09-25	HUMAN ANATOMY I (P) Anatomy of Deltoid, Trapezius, Latissimus Dorsi Dr. Huma/Dr. Nooria/Dr. Dilshaa/Dr. Tabiba		GYAN MANTHAN / LIBRARY				

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- Dr. Gulshia Rizvi - MHA

NOTE: REST TIME TABLE WILL BE SAME.



Dr. Sumit Asthana
Assistant Dean & HOD

Faculty of Allied Health Sciences & R
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DEPARTMENT OF PHYSIOTHERAPY


TIME TABLE (INCLUDING REMEDIAL) – BPT 1st SEM BATCH – 2025-26
Venue – UG -1, 9th Floor, Hospital Building

W.E.F – 10-11-2025

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 10-11-25	HUMAN PHYSIOLOGY I (L) Remedial DR. CHAAHAT JASWAL	HUMAN ANATOMY I (L) Joints & their classification DR. CHAAHAT JASWAL	SKILL Revision Dr. Anupama Dharta	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photoprotection - II DR. SHALABH SINGH	L	HUMAN PHYSIOLOGY I (L) Physiological Anatomy & nerve supply of heart & blood vessels, org. of CVS DR. SUDHANSHU Venue - LT-C4, 4 th floor	LIBRARY	SOCIOLOGY (L) alcoholism Dr. SAURABH TIWARI
Tues 11-11-25	HUMAN ANATOMY I (L) Remedial DR. CHAAHAT JASWAL	BIOCHEMISTRY (L) Factors affecting enzymes action DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Critical reading skills DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photoimmunology - I DR. SHALABH SINGH	U	HUMAN PHYSIOLOGY I (L) Cardiac Muscle, Ionic basis of action potential & pacemaker potential of cardiac muscle DR. SWATI GUPTA Venue - LT-C4, 4 th floor	SDL	HEALTH PSYCHOLOGY (L) Clinical psychology - IV Mr. ISHU FARHAR
Wed 12-11-25	HEALTH PSYCHOLOGY (L) remedial Mr. ISHU FARHAR	HEALTH PSYCHOLOGY (L) Counselling - I Mr. ISHU FARHAR	SOCIOLOGY (L) Problems of women in employment Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Photoimmunology - II DR. SHALABH SINGH	N	SOFT SKILL Ms. INGELA KAZMI	ENGLISH COMMUNICATION (L) Pre writing techniques DR. MIRZA AQEEL ABBAS	HUMAN ANATOMY I (L) Arteries & veins DR. CHAAHAT JASWAL
Thur 13-11-25	BIOCHEMISTRY (L) Remedial DR. NAYAB ISHRA	BIOCHEMISTRY (L) Itzenzyme & coenzyme DR. NAYAB ISHRA	HUMAN PHYSIOLOGY I (P) Amphibian experiments for skeletal muscle - I Dr. S.T. Rana/Dr. Nidhi/Dr. Sudhanshu		C	SKILL Nerves and it's course Dr. AZRA RIZVI	HEALTH PSYCHOLOGY (L) Counselling - II Mr. ISHU FARHAR	HUMAN ANATOMY I (L) capitulum DR. CHAAHAT JASWAL
Fri 14-11-25	SOCIOLOGY (L) Remedial Dr. SAURABH TIWARI	SOCIOLOGY (L) Geriatric problems Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Counselling - III Mr. ISHU FARHAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Photoimmunology - III DR. SHALABH SINGH	H	HUMAN ANATOMY I (L) CVS DR. CHAAHAT JASWAL	ASSIGNMENT	SKILL Bony landmarks of L/L Dr. SAMRA NAZ
Sat 15-11-25	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) remedial DR. SHALABH SINGH	HUMAN ANATOMY I (P) Soft organs: spleen & kidney Dr. Huma/Dr. Monia/Dr. Diksha/Dr. Rabiba		BIOCHEMISTRY (L) Clinical importance of enzymes DR. NAYAB ISHRAAT	MENTOR-MENTEE MEETING			

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W.E.F – 11-08-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 11-08-25	HUMAN ANATOMY - I (L) Scapula I DR. CHAHHAT JAISWAL	SKILL Bones of upper limb Dr. Anupama Dheria	BIOPHYSICS & INTRODUCTION TO PT (L) Official organs of health system DR. SHALABH SINGH	LUNCH	HUMAN PHYSIOLOGY - I (L) Class test-I Dr. MABHA BAZA Venue - LT-C1, 4 th floor	HEALTH PSYCHOLOGY (L) Schools of psychology-I Dr. ISHU PARBIAR	SOCIOLOGY (L) Definition & scope of Sociology Dr. SAURABH TIWARI
Tue 12-08-25	BIOMECHANISTRY (L) Various types of cell absorption DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Process of communication DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PT (L) Official organs of health system at national level DR. SHALABH SINGH		HUMAN ANATOMY - I (L) Scapula II DR. CHAHHAT JAISWAL	SOCIOLOGY (L) Relation to Anthropology, Psychology, Social Psychology Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Schools of psychology-II Dr. ISHU PARBIAR
Wed 13-08-25	BIOMECHANISTRY (L) Structure & function of intra cellular organelles DR. NAYAB ISHRAAT	SOCIOLOGY (L) Methods of Sociological investigations Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PT (L) Official organs of health system - function DR. SHALABH SINGH		LIBRARY	BIOMECHANISTRY (L) Brief Intro. of cytology DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Channels of Communication DR. MIRZA AQEEL ABBAS
Thu 14-08-25	BIOMECHANISTRY (L) Nutrition: RDA, BMR, SOA DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY - I (P) Microscope & Peripheral blood smear & DLC Dr. Nandita/Dr. Annu Ankita/Dr. Hemlata			HUMAN PHYSIOLOGY - I (L) Resting membrane potential and action potential Dr. MABHA BAZA	HEALTH PSYCHOLOGY (L) Schools of psychology-III Dr. ISHU PARBIAR	SKILL Bones of lower limb Dr. AZRA RIZVI
Fri 15-08-25	HOLIDAY (INDEPENDENCE DAY)						
Sat 16-08-25	HOLIDAY (JANMASHTAMI)						

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W.E.F – 15-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 15-09-25	HUMAN ANATOMY I (L) Muscles of arm DR. CHAARAT JAISWAL	SKILL Movts. Of cervical spine Dr. Anupama Dhorla	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Geriatric physiotherapy - II DR. SHALABH SINGH	L	HUMAN PHYSIOLOGY I (L) Immunity Dr. MARIA RAZA Venue - LT-C4, 4 th floor	HEALTH PSYCHOLOGY (L) Frustration & Conflict-I Mr. ISHU PARBIKAR	SOCIOLOGY (L) Family, Meaning Dr. SAURABH TIWARI
Tues 16-09-25	BIOCHEMISTRY (L) Lipoproteins and its types (II) DR. NAVAB SHIRAT	ENGLISH COMMUNICATION (L) Temas Continued DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Industrial physiotherapy - I DR. SHALABH SINGH	U	HUMAN ANATOMY I (L) Muscles of front of forearm DR. CHAARAT JAISWAL	SOCIOLOGY (L) Functions & Types of Family Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Frustration & Conflict-II Mr. ISHU PARBIKAR
Wed 17-09-25	BIOCHEMISTRY (L) Cholesterol structure & function DR. NAVAB SHIRAT	SOCIOLOGY (L) Changing patterns In Family Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Industrial physiotherapy - II DR. SHALABH SINGH	N	SOFT SKILL Mr. INGELIA KAZMI	ENGLISH COMMUNICATION (L) Euphemism DR. MIRZA AQEEL ABBAS	HUMAN ANATOMY I (L) Muscles of back of forearm DR. CHAARAT JAISWAL
Thur 18-09-25	BIOCHEMISTRY (L) Cholesterol metabolism overview DR. NAVAB SHIRAT	HUMAN PHYSIOLOGY I (P) Determination of RBC & WBC count Dr. Noorita/Dr. Annu Ashita/Dr. Homlata		C	HUMAN PHYSIOLOGY I (L) Lymphoid tissue Dr. MARIA RAZA	HEALTH PSYCHOLOGY (L) Frustration & Conflict-III Mr. ISHU PARBIKAR	SKILL Movts. Of spine -I Dr. AZRA RIZVI
Fri 19-09-25	HUMAN ANATOMY I (L) Clinical anatomy of forearm muscles DR. CHAARAT JAISWAL	HEALTH PSYCHOLOGY (L) Frustration & Conflict-IV Mr. ISHU PARBIKAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Ergonomics - I DR. SHALABH SINGH	H	HUMAN PHYSIOLOGY I (L) Body fluid compartment & composition Dr. MARIA RAZA	SKILL Movts. Of spine-II Dr. SANMIA NAZ	BIOCHEMISTRY (L) Beta Oxidation of Fatty acid (I) DR. NAVAB SHIRAT
Sat 20-09-25	HUMAN ANATOMY I (P) Muscles of arm & forearm Dr. Humna/Dr. Monia/Dr. Diksha/Dr. Rabiba		GYAN MANTHAN/LIBRARY				

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3. Allied Coordinator – E.I.A.H.Sc&R, E.U.
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**ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH
DEPARTMENT OF PHYSIOTHERAPY**

**TIME TABLE (INCLUDING REMEDIAL) – BPT 1st SEM BATCH – 2025-26
Venue – UG -1, 9th Floor, Hospital Building**

W.E.F – 17-11-2025

Days	09-10	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 17-11-25	HUMAN PHYSIOLOGY I (L) Remedial DR. CHAARAT JAISWAL	HUMAN ANATOMY I (L) Diaphragm & intercostal muscles DR. CHAARAT JAISWAL	SKILL Revision Dr. Anupama Dharja	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Revision DR. SHALLABH SINGH	L	HUMAN PHYSIOLOGY I (L) Conducting system of heart DR. HEMLATA KATHORE Venue – LT-C4, 4 th floor	LIBRARY	SOCIOLOGY (L) Problems of underprivileged Dr. SAURABH TIWARI
Tues 18-11-25	HUMAN ANATOMY I (L) Remedial DR. CHAARAT JAISWAL	BIOCHEMISTRY (L) Definition and imp. Function of connective tissue DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Adaptive writing DR. MIBZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Revision DR. SHALLABH SINGH	U	HUMAN PHYSIOLOGY I (L) Definition of cardiac cycle, phases of cardiac cycle, heart sound DR. SUBHANSHU Venue – LT-C4, 4 th floor	SDL	HEALTH PSYCHOLOGY (L) Yoga psychology -I Mr. ISHU FARHAR
Wed 19-11-25	HEALTH PSYCHOLOGY (L) remedial Mr. ISHU FARHAR	HEALTH PSYCHOLOGY (L) Yoga psychology -II Mr. ISHU FARHAR	SOCIOLOGY (L) Social security and social legislation Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Revision DR. SHALLABH SINGH	N	SOFT SKILL Ms. INGELLA KAZMI	ENGLISH COMMUNICATION (L) Introduction to listening DR. MIBZA AQEEL ABBAS	HUMAN ANATOMY I (L) Respiratory system DR. CHAARAT JAISWAL
Thur 20-11-25	BIOCHEMISTRY (L) Remedial DR. NAYAB ISHRA	BIOCHEMISTRY (L) Classification of connective tissue DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) Angelman experiments for cardiac muscle properties – II Dr. S.T. Raza/Dr. Zoha/Dr. Sudhanshu		C	SKILL Revision Dr. AZRA RIZVI	HEALTH PSYCHOLOGY (L) Yoga psychology -III Mr. ISHU FARHAR	HUMAN ANATOMY I (L) peritoneum DR. CHAARAT JAISWAL
Fri 21-11-25	SOCIOLOGY (L) Remedial Dr. SAURABH TIWARI	SOCIOLOGY (L) Meaning of social work Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Yoga psychology -IV Mr. ISHU FARHAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Revision DR. SHALLABH SINGH	H	HUMAN ANATOMY I (L) Gut DR. CHAARAT JAISWAL	ASSIGNMENT	SKILL revision Dr. SANDRA NAAZ
Sat 22-11-25	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) remedial DR. SHALLABH SINGH	HUMAN ANATOMY I (P) Soft organs - urinary bladder & intestine Dr. Huma/Dr. Mona/Dr. Diksha/Dr. Rabiba		BIOCHEMISTRY (L) Protein collagen DR. NAYAB ISHRAAT	MENTOR- MENTEE MEETING			

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM BATCH – 2025-26

W.E.F – 18-08-2025

Venue – R.N.- LT 1, 5th Floor, E.U


Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 18-08-25	SKILL Muscles of shoulder Dr. ANIPAMA DHURIA	LIBRARY	BIOPHYSICS & INTRODUCTION TO PT (I) Health care providers DR. SHALLABH SINGH	L	HUMAN PHYSIOLOGY - I (L) Properties of skeletal, smooth and cardiac muscles Dr. MARIA RAZA Venue – LT-06, 4 th floor	HEALTH PSYCHOLOGY (L) Methods of psychology-I Mr. ISHU PARBIAR	SOCIOLOGY (L) Case study, social survey, questionnaire Dr. SAURABH TIWARI
Tues 19-08-25	BIOCHEMISTRY (L) Def. of carbohydrates & its properties DR. NAYAN SHIRAT	ENGLISH COMMUNICATION (L) Verbal Communication DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PT (L) Health care providers roles DR. SHALLABH SINGH	U	HUMAN ANATOMY - I (L) Humerus I DR. CHAARAT JAISWAL	SOCIOLOGY (L) Interview & opinion poll methods Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Methods of psychology-II Mr. ISHU PARBIAR
Wed 20-08-25	BIOCHEMISTRY (L) Classification of carbohydrates DR. NAYAN SHIRAT	SOCIOLOGY (L) Importance of its study with special reference to Health Care Professionals Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PT (L) Health care providers – function DR. SHALLABH SINGH	N	SOFT SKILL Ms. INGEELA KAZMI	ENGLISH COMMUNICATION (L) Non-verbal Communication DR. MIRZA AQEEL ABBAS	HUMAN ANATOMY - I (L) Humerus II DR. CHAARAT JAISWAL
Thur 21-08-25	BIOCHEMISTRY (L) TCA cycle DR. NAYAN SHIRAT	HUMAN PHYSIOLOGY - I (P) CVS Examination & Examination of Pulse Dr. S.T. Raza/Dr. Zoha/Dr. Sudhanshu		C	HUMAN PHYSIOLOGY - I (L) Class test-II Dr. MARIA RAZA	HEALTH PSYCHOLOGY (L) Methods of psychology-III Mr. ISHU PARBIAR	HUMAN PHYSIOLOGY - I (L) Excitation contraction coupling - I Dr. MARIA RAZA
Fri 22-08-25	HUMAN ANATOMY - I (L) Humerus III DR. CHAARAT JAISWAL	HEALTH PSYCHOLOGY (L) Methods of psychology-IV Mr. ISHU PARBIAR	BIOPHYSICS & INTRODUCTION TO PT (L) Role of PNC & OHC DR. SHALLABH SINGH	H	HUMAN PHYSIOLOGY - I (L) Excitation contraction coupling - II Dr. MARIA RAZA	SKILL Muscles of elbow II Dr. SAMRA NAZ	BIOCHEMISTRY (L) Glycolysis DR. NAYAN SHIRAT
Sat 23-08-25	HUMAN ANATOMY - I (P) Clavicle, Scapula demo. Dr. Huma/Dr. Mentia/Dr. Diksha/Dr. Rabiba		GVAN MANTHAN/LIBRARY				

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM (REVISED) BATCH – 2025-26

W.E.F – 20-10-2025

Venue – UG -1, 9th Floor, Hospital Building

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 20-10-25	HOLIDAY (DEEPAWALI)						
Tues 21-10-25	BIOCHEMISTRY (L) Classification of Amino acids & properties - I DR. NAYAB ISHRAAT	ENGLISH COMMUNICATION (L) Narration DR. MURZA AQEEL MIRAN	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Optical properties of the skin DR. SHALLABH SINGH		HUMAN PHYSIOLOGY I (L) Lung Volume & Capacity Dr. Hemlata Rathore Venue - LT-C4, 4 th floor	SR	HEALTH PSYCHOLOGY (L) Leadership-I Mr. ISHU PARHAR
Wed 22-10-25	HOLIDAY (GOVARDHAN POOJA)						
Thur 23-10-25	BIOCHEMISTRY (L) Classification of Amino acids & properties - II DR. NAYAB ISHRAAT	HUMAN PHYSIOLOGY I (P) Determinants of Blood Groups Dr. Nandita/Dr. Annu Ankita/Dr. Hemlata		LUNCH	LIBRARY	HEALTH PSYCHOLOGY (L) Leadership-II Mr. ISHU PARHAR	SDL
Fri 24-10-25	SOCIOLOGY (L) Social change & stress-II Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Leadership-III Mr. ISHU PARHAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Optical properties of the skin DR. SHALLABH SINGH		LIBRARY	BIOCHEMISTRY (L) Essential & non-essential amino acid - I DR. NAYAB ISHRAAT	
Sat 25-10-25	HUMAN ANATOMY I (P) Muscles of U/L on Cadaver Dr. Hama/Dr. Mania/Dr. Dhruva/Dr. Nabha		BIOCHEMISTRY (L) Essential & non-essential amino acid - II DR. NAYAB ISHRAAT	MENTOR-MENTEE MEETIN			

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- Dr. Gulshera Revi – MHA

Asiya
17/10/25

[Signature]

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19/10/25
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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM BATCH – 2025-26
Venue – R.N.- LT 1, 5TH Floor, E.U

W.E.F – 22-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 22-09-25	HUMAN ANATOMY I (L) Median nerve DR. CHAAHAT JAISWAL	SKILL Revision Dr. Anupama Dheuria	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Ergonomics - II DR. SHALABH SINGH	L	HUMAN PHYSIOLOGY I (L) Class two-VI Dr. MARIA RAZA Venue - LT-C4, 4 th floor	HEALTH PSYCHOLOGY (L) Emotions-I Mr. ISHU PARBHAR	SOCIOLOGY (L) Influence of Family on Health Dr. SAURABH TIWARI
Tues 23-09-25	BIOCHEMISTRY (L) Beta Oxidation of Fatty acid (II) DR. NAYAB ISHRAT	ENGLISH COMMUNICATION (L) Portmanteau words DR. NIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Community physiotherapy - I DR. SHALABH SINGH	U	HUMAN ANATOMY I (L) Elbow nerve DR. CHAAHAT JAISWAL	SOCIOLOGY (L) Influence of family on psychosomatic Disease Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Emotions II Mr. ISHU PARBHAR
Wed 24-09-25	BIOCHEMISTRY (L) Fatty Liver DR. NAYAB ISHRAT	SOCIOLOGY (L) Importance to Physiotherapy Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Community physiotherapy - II DR. SHALABH SINGH	N	SOFT SKILL Ms. INGEELA KAZMI	ENGLISH COMMUNICATION (L) Synonyms DR. NIRZA AQEEL ABBAS	HUMAN ANATOMY I (L) Radial nerve DR. CHAAHAT JAISWAL
Thur 25-09-25	BIOCHEMISTRY (L) Ketone bodies Introduction & formation DR. NAYAB ISHRAT	HUMAN PHYSIOLOGY I (P) Respiratory system examination Dr. S.T. Bana/Dr. Nidhi/Dr. Snehasree		C	HUMAN PHYSIOLOGY I (L) Class presentation Dr. MARIA RAZA	HEALTH PSYCHOLOGY (L) Emotions III Mr. ISHU PARBHAR	SKILL revision Dr. AZRA RIZVI
Fri 26-09-25	HUMAN ANATOMY I (L) Clinical anatomy of nerves DR. CHAAHAT JAISWAL	HEALTH PSYCHOLOGY (L) Emotions-IV Mr. ISHU PARBHAR	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (P) Women's health physiotherapy - I DR. SHALABH SINGH	H	HUMAN PHYSIOLOGY I (L) Physiological Anatomy & nerve supply of heart & blood vessels, organization of CVS Dr. MARIA RAZA	SKILL revision Dr. SAMRA NAZ	BIOCHEMISTRY (L) Ketosis Definition and Side effects DR. NAYAB ISHRAT
Sat 27-09-25	HUMAN ANATOMY I (P) Anatomy of median ulnar, radial nerve Dr. Huma/Dr. Monia/Dr. Diksha/Dr. Rabiba		GYAN MANTRAN/LIBRARY				

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DEPARTMENT OF PHYSIOTHERAPY
TIME TABLE – BPT 1ST SEM BATCH – 2025-26
Venue – R.N.-LT 1, 5TH Floor, E.U

W.E.F – 25-08-2025


Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05
Mon 25-08-25	HUMAN ANATOMY – I (L) Radius I DR. CHAARAT JAINWAL	LIBRARY	BIOPHYSICS & INTRODUCTION TO PT (L) Physiotherapy CPD – Intro. DR. SHAILASH SINGH	L	HUMAN PHYSIOLOGY – I (L) (Last test-III) Dr. MARIA RAZA Venue – LT-CL, 4 th floor	HEALTH PSYCHOLOGY (L) Human development-I Mr. ISHU PARIBAR	SOCIOLOGY (L) Meaning of social factors Dr. SAURABH TIWARI
Tues 26-08-25	BIOCHEMISTRY (L) Def. & Gen. intro. of lipids DR. NAYAN ISHBIAT	ENGLISH COMMUNICATION (L) Barriers to Communication DR. MEEZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PT (L) Neuro Physiotherapy Intro. DR. Anupama Dhuria	U	HUMAN ANATOMY – I (L) Radius II DR. CHAARAT JAINWAL	SOCIOLOGY (L) Role of social factors in health & illness Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Human development-II Mr. ISHU PARIBAR
Wed 27-08-25	BIOCHEMISTRY (L) Classification of lipids DR. NAYAN ISHBIAT	SOCIOLOGY (L) Meaning & nature of Socialization Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PT (L) Ortho Physiotherapy Intro. DR. SHAILASH SINGH	N	SOFT SKILL Ms. INGEELA KAZMI	ENGLISH COMMUNICATION (L) Types of Barriers DR. MEEZA AQEEL ABBAS	HUMAN ANATOMY – I (L) Ulna – I DR. CHAARAT JAINWAL
Thur 28-08-25	BIOCHEMISTRY (L) Cholesterol DR. NAYAN ISHBIAT	HUMAN PHYSIOLOGY – I (P) Estimation of Hemoglobin & Blood Indices Dr. Nandita/Dr. Annu Ankita/Dr. Hemlata		C	HUMAN PHYSIOLOGY – I (L) Class presentation Dr. MARIA RAZA	HEALTH PSYCHOLOGY (L) Human development-III Mr. ISHU PARIBAR	SKILL Muscles of big [L-II] Dr. AZRA RIZVI
Fri 29-08-25	HUMAN ANATOMY – I (L) Ulna – II DR. CHAARAT JAINWAL	HEALTH PSYCHOLOGY (L) Human development-IV Mr. ISHU PARIBAR	BIOPHYSICS & INTRODUCTION TO PT (L) Pediatric Physiotherapy Intro. DR. SHAILASH SINGH	H	HUMAN PHYSIOLOGY – I (L) Plasma composition, Plasma protein composition, formation & function Dr. MARIA RAZA	SKILL Muscles of knee [L] Dr. SAMBA NAZ	BIOCHEMISTRY (L) Essential fatty acids & their function DR. NAYAN ISHBIAT
Sat 30-08-25	HUMAN ANATOMY – I (P) Humerus, Radius dema. Dr. Humar/Dr. Monia/Dr. Diksha/Dr. Rabiba		GYAN MANTHAN/LIBRARY				

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TIME TABLE – BPT 1st SEM BATCH – 2025-26
Venue – R.N UG -1, 9th Floor, Hospital Building

W.F.F – 29-09-2025

Days	10-11	11-12	12-01	01-02	02-03	03-04	04-05	
Mon 29-09-25	HUMAN ANATOMY I (L) Shoulder Jt. anatomy DR. CHAARAT JAIWAL	SKILL Revision Dr. Anupama Dheria	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Women's health physiotherapy - II DR. SHALLABH SINGH	LUNCH	LIBRARY	HEALTH PSYCHOLOGY (L) Intelligence-I Mr. ISHU PARIBAR	SOCIOLOGY (L) Community Dr. SAURABH TIWARI	
Tues 30-09-25	BIOCHEMISTRY (L) Vitamins Definition & Classification DR. NAYAB ISHRAT	ENGLISH COMMUNICATION (L) Apostrophes DR. MIRZA AQEEL ABBAS	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Incontinence clinic - I DR. SHALLABH SINGH			HUMAN ANATOMY I (L) Shoulder Jt. ligaments DR. CHAARAT JAIWAL	SOCIOLOGY (L) Rural Community - meaning features Dr. SAURABH TIWARI	HEALTH PSYCHOLOGY (L) Intelligence-II Mr. ISHU PARIBAR
Wed 01-10-25	BIOCHEMISTRY (L) Vitamin C: Source, Biochemical functions, requirement & deficiency DR. NAYAB ISHRAT	SOCIOLOGY (L) Urban & Tribal Community Dr. SAURABH TIWARI	BIOPHYSICS & INTRODUCTION TO PHYSIOTHERAPY (L) Incontinence clinic - II DR. SHALLABH SINGH			SOFT SKILL Ms. INGELIA KAZMI	BIOCHEMISTRY (L) Vitamin D: Source, Biochemical functions, requirement & deficiency DR. NAYAB ISHRAT	HUMAN ANATOMY I (L) Shoulder Jt. Muscles DR. CHAARAT JAIWAL
Thur 02-10-25	HOLIDAY (GANDHI JAYANTI/DUSSEHRA)							
Fri 03-10-25	MID TERM EXAM							
Sat 04-10-25								

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